

Public Comment Proposal


Updates to National Liver Review Board Guidance (NLRB) & Further Alignment with Liver Imaging Reporting and Data System (LI-RADS®)

OPTN Liver and Intestinal Organ Transplantation Committee

*Prepared by: Emily Ward
UNOS Policy and Community Relations Department*

Contents

Executive Summary	2
Purpose	4
Background	4
Overview of Proposal	6
NOTA and Final Rule Analysis	19
Implementation Considerations	20
Post-implementation Monitoring	22
Conclusion	22
Considerations for the Community	23
Policy Language	24
Guidance Language	29
Appendix A : Adult Nonstandard Exception Recommended Scores	57

A decorative horizontal bar at the bottom of the page, featuring a gradient from dark blue on the left to a lighter teal on the right.

Updates to National Liver Review Board Guidance (NLRB) & Further Alignment with Liver Imaging Reporting and Data System (LI-RADS®)

<i>Affected Policies:</i>	<i>Policy 9.5.1: Requirements for Hepatocellular Carcinoma (HCC) MELD or PELD Score Exceptions</i>
<i>Affected Guidance:</i>	<i>Guidance to Liver Transplant Programs and the National Liver Review Board for Adult MELD Exceptions for Transplant Oncology</i> <i>Guidance to Liver Transplant Programs and the National Liver Review Board for Adult MELD Exception Review</i> <i>National Liver Review Board Operational Guidelines</i>
<i>Sponsoring Committee:</i>	<i>Liver and Intestinal Organ Transplantation</i>
<i>Public Comment Period:</i>	<i>January 21, 2025-March 19, 2025</i>

Executive Summary

The purpose of the National Liver Review Board (NLRB) is to provide equitable access to transplant for liver transplant candidates whose calculated model for end-stage liver disease (MELD) score or pediatric end-stage liver disease (PELD) score does not accurately reflect the candidate's medical urgency for transplant.¹ Since implementation, the OPTN Liver and Intestinal Organ Transplantation Committee (the Committee) has regularly evaluated the NLRB to identify opportunities for improvement.

This proposal includes updates to the Adult MELD Exception Review and Adult Transplant Oncology Exception Review guidance documents to promote relevancy, accuracy, and consistent review of non-standard exception requests. Score recommendations for diagnoses are also added to provide a more consistent request and approval process for exceptions. The NLRB Operational Guidelines are updated to ensure that review boards reflect appropriate expertise.

Additionally, this proposal includes modifications to Hepatocellular Carcinoma (HCC) policy and guidance to add contrast-enhanced ultrasound (CEUS) as an acceptable adjunct diagnostic tool for standard HCC exceptions and aligns imaging classification criteria to the Liver Imaging Reporting and Data System (LI-RADS®)² terminology in *Policy 9.5.1: Requirements for Hepatocellular Carcinoma (HCC) MELD or PELD Score Exceptions*.

¹ Proposal to Establish a National Liver Review Board, OPTN Liver and Intestinal Organ Transplantation Committee, June 2017, Available at <https://optn.transplant.hrsa.gov/>.

² American College of Radiology: <https://www.acr.org/Clinical-Resources/Reporting-and-Data-Systems/LI-RADS>.

The Committee is seeking public comment feedback on the proposed changes to policy and NLRB guidance including:

- Do you agree with the proposed guidance and score recommendations for each condition listed? If not, please elaborate.³
- Are there other exception requests related to liver cancers or tumors that should be addressed by the Adult Transplant Oncology Review Board and associated guidance document?
- Are there other exception requests related to the Adult MELD Exception Review Board and associated guidance that should be addressed in the guidance document?
- Do you agree with the addition of contrast-enhanced ultrasound (CEUS) as an optional imaging option to provide a pathway to automatic standard HCC exception approval in *Policy 9.5.1*?
- Do pediatric practitioners incorporate LI-RADS 5 criteria into case management? If not, what system or categories should be used to classify pediatric HCC?
- How would this facilitate patients or families discussing exception priority with medical providers for adult or pediatric patients?

³ See Appendix A for a table of proposed score recommendations.

Purpose

The purpose of this proposal is to continue to improve the National Liver Review Board (NLRB) by creating a more efficient and equitable system for reviewing Model for End-Stage Liver Disease (MELD) and Pediatric End-Stage Liver Disease Model (PELD) exception requests. This proposal has several changes to the NLRB guidance documents that seek to update content for accuracy and relevancy as well as provide non-standard exception MELD and PELD score recommendations for diagnoses to ensure more equitable access to transplant through non-standard exceptions. NLRB operational guidelines proposed updates are included to align to NLRB guidance changes approved in June 2024, but not yet implemented, and to ensure that review boards reflect appropriate expertise. Additionally, the Committee is proposing modifications to Hepatocellular Carcinoma (HCC) policy and guidance to add contrast-enhanced ultrasound (CEUS) as an acceptable adjunct diagnostic tool for standard HCC exceptions and align imaging classification criteria to liver imaging reporting and data system (LI-RADS) terminology in *Policy 9.5.I: Requirements for Hepatocellular Carcinoma (HCC) MELD or PELD Score Exceptions*.

Background

National Liver Review Board

When being listed for a liver transplant, candidates receive a calculated MELD or PELD score, which is based on a combination of the candidate's clinical lab values.⁴ These scores are designed to reflect the probability of death on the waitlist within a 90-day period, with higher scores indicating a higher probability of mortality and increased urgency for transplant. Candidates who are less than 12 years old receive a PELD score, while candidates who are at least 12 years old receive a MELD score. Candidates that are particularly urgent are assigned status 1A (adult only) or 1B.

When a transplant program believes that a candidate's calculated MELD or PELD score does not accurately reflect a candidate's medical urgency, they can request a score exception. The NLRB is responsible for reviewing non-standard exception requests and either approving or denying the requested score. The NLRB was approved by the OPTN Board of Directors (the Board) during a June 2017 meeting and was implemented on May 14, 2019.⁵

Under the NLRB, candidates who meet the criteria outlined in OPTN policy for one of the nine standardized diagnoses are eligible to have their exception automatically approved.⁶ If a candidate does not meet the standardized criteria in OPTN policy or is seeking an exception outside of one of the nine diagnoses in policy, a non-standard exception request can be submitted to the NLRB.

⁴ The calculations for the MELD and PELD scores can be found in *OPTN Policy 9.1 D and 9.1 E*. Available at <https://optn.transplant.hrsa.gov/>.

⁵ Proposal to Establish a National Liver Review Board, OPTN Liver and Intestinal Organ Transplantation Committee, June 2017, Available at <https://optn.transplant.hrsa.gov/>.

⁶ OPTN Policy 9.5: Specific Standardized MELD or PELD Exceptions, as of December 2023. Available at <https://optn.transplant.hrsa.gov/>.

There are three specialty review boards: Pediatric, Adult Other Diagnosis, and Adult Transplant Oncology (Figure 1). Each specialty review board has an associated guidance document.⁷

Figure 1: National Liver Review Board: Specialty Review Boards

<p>Pediatrics</p> <ul style="list-style-type: none"> •Reviews requests made on behalf of: <ul style="list-style-type: none"> •Candidates registered prior to turning 18 years old •Adult candidates with certain pediatric diagnoses (being removed by current proposal - adult requests would go to adult review board if proposed changes are approved)
<p>Adult Other Diagnosis</p> <ul style="list-style-type: none"> •Reviews requests made on behalf of: <ul style="list-style-type: none"> •Adult candidates whose calculated scores do not reflect their medical urgency •Adult candidates that do not meet the standard criteria for one of the nine diagnoses in Policy 9.5: <i>Specific Standardized MELD or PELD Exceptions</i> (excluding HCC, hilar cholangiocarcinoma (CCA), and those conditions reviewed by the Adult Transplant Oncology Review Board).
<p>Adult Transplant Oncology (ATORB)</p> <ul style="list-style-type: none"> •Reviews requests made on behalf of: <ul style="list-style-type: none"> •Adult candidates that do not meet the standard criteria in Policy 9.5.1: <i>Requirements for HCC MELD or PELD Score Exception</i> • Adult candidate non-standard exception requests for intrahepatic cholangiocarcinoma, neuroendocrine tumors, colorectal liver metastases, hepatic epithelioid hemangioendothelioma, and hepatic adenomas, CCA, and any other liver cancer or tumor-related request.

The Adult Transplant Oncology review board replaced (Board approved, pending implementation⁸) the former Adult Hepatocellular Carcinoma (HCC) Review Board to review non-standard exception cases related to liver cancers and tumors.⁹ As such, the scope of the Adult HCC Review Board was broadened and renamed as the Adult Transplant Oncology Review Board. The Adult Transplant Oncology guidance document includes guidance for HCC, intrahepatic cholangiocarcinoma, neuroendocrine tumors, colorectal liver metastases, hepatic epithelioid hemangioendothelioma, and hepatic adenomas. The Adult Transplant Oncology Review Board will review non-standard exception cases for these diagnoses as well as any non-standard exception requests for hilar cholangiocarcinoma (CCA), and any other liver cancer or tumor-related request.

⁷ NLRB Guidance Documents are available at <https://optn.transplant.hrsa.gov/about/review-boards/#LiverReviewBoard>.

⁸ Notice of OPTN Policy and Guidance Changes: https://optn.transplant.hrsa.gov/media/ymapp25j/liver_nlrjune-2024_pn.pdf.

⁹ National Liver Review Board (NLRB) Updates Related to Transplant Oncology. Available at <https://optn.transplant.hrsa.gov>.

The guidance documents contain information for review board members and transplant programs on diagnoses and clinical situations not included as one of the standardized diagnoses in policy. They provide recommendations on which candidates should be considered for a MELD or PELD exception and are based on published research, clinical guidelines, medical experience, and data. The documents are intended to help ensure consistent and equitable review of non-standard exception cases and are not OPTN policy.

Because the guidance documents are consulted by transplant programs and NLRB reviewers when applying for and reviewing non-standard exception requests, they impact which liver candidates are approved for a MELD or PELD exception. Therefore, it is necessary for the Committee to update the guidance documents to ensure they continue to align with current clinical consensus and updated data.

HCC Diagnostic Tools & Imaging Criteria

Policy 9.5.1: Requirements for Hepatocellular Carcinoma (HCC) MELD or PELD Score Exceptions outlines specific criteria that candidates must meet to be approved for a standard HCC exception. Ensuring this policy remains up to date with current practice promotes equity and helps make the NLRB more efficient by having more exceptions automatically approved. This proposal includes updates to *Policy 9.5.1* on acceptable diagnostic imaging for HCC. The changes align OPTN policy with the LI-RADS criteria which is developed by the American College of Radiology (ACR). ACR provided requested subject matter expertise in the development of this proposal.

Overview of Proposal

The Committee proposes updates to the Adult MELD Exception Review and Adult Transplant Oncology Exception Review guidance documents to ensure relevancy, accuracy, and consistent review and score assignments. As part of an ongoing effort, modifications to these guidance documents ensure that the guidance for transplant programs and NLRB reviewers are based on current literature and practice, as well as provide clear recommendations.

The Committee has decided that score recommendations should be provided for each diagnosis in the guidance. Currently, only five diagnoses in the adult guidance have associated score recommendations. Recent data shows that the median score for nonstandard exceptions approved for the 13 conditions considered as part of this proposal was Median MELD score at transplant (MMaT)-3.¹⁰

The Committee recommends that nonstandard exceptions for conditions without a current score recommendation should be approved for MMaT-3 or MMaT for more severe conditions.¹¹ This aims to create a more consistent request and approval process for nonstandard exceptions. This is also consistent with the standardized exceptions currently in policy.

The goal of providing score recommendations for all diagnoses is to align with the conditions that already have score recommendations and to reduce significant differences in MELD points approved for exceptions

¹⁰ OPTN Non-Standard Exception Score Recommendation Data Request Report. OPTN Liver and Intestinal Transplantation NLRB Subcommittee. 9/26/224. Available upon request.

¹¹ See OPTN Liver and Intestinal Transplantation Subcommittee meeting summary, September 26, 2024. Available at <https://optn.transplant.hrsa.gov/>.

by reviewers, especially for candidates with the same condition. Score recommendations are based on the MMaT.

MELD exception scores may vary based on liver offers from different donor hospitals, and the specific scores will not be known until the match is run.¹² The exact exception scores will be assigned based on the MMaT of transplants performed within 150 NM of the donor hospital where the match is being run. The Committee's intent is to provide nonstandard exception scores that give candidates the appropriate priority points based on transplants performed near the donor hospital. Using MMaT ensures that a patient receives an appropriate score relative to other patients' MELD scores in a specific area, ensuring that the sickest patients, with high MELD scores, receive the highest medical urgency.

The Committee plans to closely monitor the impact of these score recommendations and adjust them as needed in the future.

More information on the proposed Adult Other Review Board and Adult Transplant Oncology guidance and score recommendations is provided in each relevant section.

NLRB Operational Guidelines are also updated to ensure appropriate expertise in reviewing exception requests.

Additionally, the Committee proposes updates to *Policy 9.5.I* to add CEUS as an acceptable adjunct diagnostic tool for automatic HCC standard exception and to align imaging classification criteria to LI-RADS terminology. Changes to the Adult Transplant Oncology Guidance align with changes to *Policy 9.5.I.vi: Table 9-9* that aids NLRB reviewers and coordinators by describing imaging requirements for Class 5 lesions. New tables added to guidance include one detailing how HCC lesions can be classified as LI-RADS 5¹³ and another detailing criteria when submitting CEUS as an imaging option. If a lesion meets LI-RADS 5 criteria, it is definitively considered an HCC lesion. Updates to tables detailing documentation requirements for contrast-enhanced multiphase computer tomography scan (CT) or magnetic resonance imaging (MRI) of the liver are also included.

NLRB Guidance Updates

Adult Meld Exception Review Guidance

Budd Chiari

Budd Chiari is a medical condition characterized by hepatic vein thrombosis.¹⁴ Patients with Budd Chiari may present with evidence of decompensated portal hypertension (ascites and hepatic hydrothorax), among other symptoms.

¹² Frequently Asked Questions: Calculate Median MELD at Transplant (MMaT) around the Donor Hospital and Update Sorting within Liver Allocation. Available at <https://optn.transplant.hrsa.gov/media/amdkjmg0/1379-faq-mmat-at-donor-hospital-sorting-changes.pdf>.

¹³ LI-RADS Diagnostic Criteria, American College of Radiology. <https://www.acr.org/-/media/ACR/Files/Clinical-Resources/LIRADS/Chapter-8-LIRADS-Categories.pdf>.

¹⁴ National Institutes of Health: <https://pubmed.ncbi.nlm.nih.gov/articles/PMC4147117/>.

The current MELD exception guidance for Budd Chiari requires that transplant programs submit the following documentation for review by the NLRB:

- Failed medical or surgical management (specify)
- Any contraindications to Transjugular Intrahepatic Portosystemic Shunt (TIPS) or TIPS failure; specify
- Documentation that extrahepatic malignancy has been ruled out

The Committee proposes a specific score recommendation of MMA_T-3, replacing a recommendation to consider approval of exception points, but without a recommended score.¹⁵

Hepatic Hydrothorax

Hepatic hydrothorax is the excessive accumulation of transudate in the pleural cavity in patients with decompensated liver cirrhosis (LC) but without cardiopulmonary and pleural diseases.¹⁶

The current MELD exception guidance for Hepatic Hydrothorax requires that transplant programs submit the following documentation for review by the NLRB:

- At least 1 thoracentesis over 1 L weekly in last 4 weeks; report date and volume of each thoracentesis
- Pleural fluid is transudative by pleural albumin-serum albumin gradient of at least 1.1 and by cell count
- No evidence of heart failure; provide objective evidence excluding heart failure
- Pleural fluid culture negative on 2 separate occasions
- Pleural fluid cytology is benign on 2 separate occasions
- There is contraindication to TIPS; specify contraindication
- Diuretic refractory

The Committee proposes reducing the requirement for pleural fluid documentation from two instances to one for both negative culture and benign cytology. This change maintains the rigor of initial diagnostic testing while easing the documentation burden for ongoing exceptions. For thoracentesis, the Committee recommends documenting at least 1 liter of pleural fluid removal on four separate occasions within the last 4-6 weeks. Programs must record the date and volume of each removal. If a drainage catheter is used, a medical provider or registered nurse (RN) must perform or witness the documentation.

Per American Society for the Association of Liver Diseases (AASLD) guidelines, TIPS placement in patients with MELD scores as low as 18 in some studies and more clearly with MELD scores above 21 carries a higher mortality risk. The benefit of TIPS in hydrothorax is closely related to liver function and age.¹⁷

¹⁵ See NLRB Subcommittee meeting summary, July 25, 2024. Available at <https://optn.transplant.hrsa.gov/>.

¹⁶ Garbuzenko DV, Arefyev NO. Hepatic hydrothorax: An update and review of the literature. *World J Hepatol.* 2017 Nov 8;9(31):1197-1204. doi: 10.4254/wjh.v9.i31.1197. PMID: 29152039; PMCID: PMC5680207.

¹⁷ Lee, Edward Wolfgang¹; Eghtesad, Bijan²; Garcia-Tsao, Guadalupe^{3,4}; Haskal, Ziv J.⁵; Hernandez-Gea, Virginia⁶; Jalaeian, Hamed⁷; Kalva, Sanjeeva P.⁸; Mohanty, Arpan⁹; Thabut, Dominique¹⁰; Abraldes, Juan G.¹¹. AASLD Practice Guidance on the use of TIPS, variceal embolization, and retrograde transvenous obliteration in the management of variceal hemorrhage. *Hepatology* 79(1):p 224-250, January 2024. | DOI: 10.1097/HEP.0000000000000530.

Therefore, the Committee decided that TIPS is not a requirement but rather should remain in background information because TIPS cannot always be performed.

The Committee recommends that candidates meeting these criteria are eligible for a MELD exception score of MMaT-3.

Hereditary Hemorrhagic Telangiectasia

Hereditary hemorrhagic telangiectasia (HHT) is an uncommon, autosomal dominant genetic disorder characterized by mucocutaneous telangiectasias, as well as arteriovenous (AV) malformations in the brain, spine, lungs, gastrointestinal tract, and liver.¹⁸

Case review for HHT currently requires documentation of high output cardiac failure by echocardiography and imaging supporting intra-hepatic AV malformations or severe diffuse bilobar hepatic necrosis in the setting of hepatic AV malformation.

The Committee added right heart catheterization as an option for case documentation and a requirement for documentation of symptoms of heart failure. The Committee proposed a two-tier approach for determining priority points based on the American Heart Association classification of heart failure.¹⁹ This two-tier approach has patients who met the criteria for this exception eligible for MMaT-3 and patients who additionally have severe ongoing complications of heart failure eligible for MMaT.

The proposed MELD exception guidance for HHT requires that transplant programs submit the following documentation for review by the NLRB:

- Documentation of high output cardiac failure by echocardiography or right heart catheterization, and symptoms of heart failure
- Imaging supporting intra-hepatic arteriovenous (AV) malformations or severe diffuse bilobar hepatic necrosis in the setting of hepatic AV malformation

The Committee proposes that patients who meet the criteria above should be eligible for a MELD exception score equivalent to MMaT-3. After discussing different classes of heart failure, The Committee felt that severe ongoing complications of heart failure may warrant MMaT.

Polycystic Liver Disease

Polycystic Liver Disease (PLD) is characterized by the progressive growth of cysts of various sizes scattered throughout the liver.²⁰

The Committee clarified that the guidance applies to patients with PLD who failed medical or surgical management, and removed the reference to clinical eligibility for resection/fenestration or alternative therapy since the change in language is more direct and comprehensive.²¹ PLD patients are recommended for MMaT in current guidance. This current score recommendation is not proposed for change.

¹⁸ National Institutes of Health. <https://medlineplus.gov/genetics/condition/hereditary-hemorrhagic-telangiectasia/>.

¹⁹ See NLRB Subcommittee meeting summary, September 26, 2024. Available at <https://optn.transplant.hrsa.gov/>.

²⁰ National Organization for Rare Diseases. <https://rarediseases.org/rare-diseases/polycystic-liver-disease/>.

²¹ See NLRB Subcommittee meeting summary, October 24, 2024. Available at <https://optn.transplant.hrsa.gov/>.

Portopulmonary Hypertension

Portopulmonary hypertension (POPH) is a form of pulmonary arterial hypertension (PAH) associated with portal hypertension with or without underlying chronic liver disease.²²

This condition is already listed in policy in *Policy 9.5.G: Requirements for Portopulmonary Hypertension MELD or PELD Score Exceptions*, so the Committee considered that it should be removed from guidance.²³ While the condition could be left in guidance as a reference point to direct readers back to policy, the Committee decided to remove it since they agreed it did not need to exist in both policy and guidance.²⁴

Primary Sclerosing Cholangitis and Secondary Sclerosing Cholangitis

Primary Sclerosing Cholangitis (PSC) is a chronic liver disease affecting the bile ducts.²⁵

The Committee proposes to separate this guidance into two sections based on the severity of a patient's condition. The Committee discussed that patients who do not have cirrhosis may need a different MELD exception than those with severe cholangitis, with preference given to those with underlying cirrhosis. The Committee's intention is to make it easier for patients with this condition to receive an exception because they seem to benefit from it.²⁶ Less extreme cases of Sclerosing Cholangitis are recommended for MMat-3, and severe cases are recommended for MMat.²⁷ The Committee reviewed waitlist drop out data for these conditions to inform their decision.²⁸ The language is similar to the exception guidance for Ischemic Cholangiopathy, because both conditions include an increased bile stricture which is not responsive to treatment.

The proposed, separated guidance is as follows:

Candidates who meet the following criteria are eligible for a MELD exception equivalent to MMat-3:

1. The candidate has been admitted to the hospital two or more times within a one-year period with either of the following:
 - a. Documented blood stream infection
 - b. Evidence of sepsis with hemodynamic instability requiring vasopressors

In addition, candidates are eligible for a MELD exception equivalent to MMat if they meet at least two of following criteria:

1. The candidate has a biliary tract stricture(s) which are not responsive to treatment by interventional radiology (i.e. PTC) or therapeutic endoscopy (ERCP/EUS).
2. The candidate has been diagnosed with a high-resistant infectious organism (e.g. Vancomycin Resistant Enterococcus (VRE), Extended Spectrum Beta-Lactamase (ESBL) producing gram-negative

²² Saleemi, Sarfraz. Portopulmonary hypertension. *Annals of Thoracic Medicine* 5(1):p 5-9, Jan–Mar 2010. | DOI: 10.4103/1817-1737.58953.

²³ OPTN Policy. Available at <https://optn.transplant.hrsa.gov/>.

²⁴ See NLRB Subcommittee meeting summary, October 24, 2024. Available at <https://optn.transplant.hrsa.gov/>.

²⁵ National Institutes of Health. <https://www.niddk.nih.gov/health-information/liver-disease/primary-sclerosing-cholangitis#:~:text=Print%20All%20Sections-,Definition%20%26%20Facts,and%20causes%20further%20liver%20damage.>

²⁶ See NLRB Subcommittee meeting summary, October 24, 2024. Available at <https://optn.transplant.hrsa.gov/>.

²⁷ Ibid.

²⁸ David Goldberg et al., "Waitlist Survival of Patients with Primary Sclerosing Cholangitis in the Model for End-Stage Liver Disease Era," *Liver Transplantation* 17, no. 11 (October 26, 2011): 1355–63, <https://doi.org/10.1002/lt.22396>.

organism, Carbapenem-resistant Enterobacteriaceae (CRE) and Multi-drug resistant Acinetobacter).

3. The candidate has cirrhosis.

Metabolic Disease

Metabolic Disease is rare, and is mainly a pediatric condition, although some adult cases have been considered for exception. Since the clinical presentation of metabolic disease can vary so much, the guidance for exception is intentionally left to be considered more liberally.

The Committee added a recommendation for MMaT-3 for metabolic disease patients with mild symptoms and a MELD 40 score for patients with life threatening complications.²⁹

After coming up with the score recommendations, the Committee also included guidance that patients with life threatening complications may be considered for an increased priority score. This ensures the guidance preserves the possibility for higher exception scores when warranted.

No other changes, besides the scoring recommendation, are proposed.

Post-transplant complications: Early Allograft Dysfunction (Small for Size)

Small for size syndrome (SFSS) is a clinical syndrome caused by the transplantation of a liver graft that is too small for a recipient.

The Committee proposed a score-based grade of SFSS in guidance for non-standard exceptions that estimated the degree of allograft dysfunction and is based on recently published consensus guidelines.³⁰

To clarify the diagnosis, the Committee now specifically requests the allograft anatomy, defined allograft risk factors for small for size syndrome, as well as any intraoperative or postoperative interventions used for treatment. These details are requested but not required to receive exception points.

The committee now offer the following guidance, defining the necessary disease severity for meld exception: For most patients, the calculated MELD score will provide adequate priority, but patients with severe allograft dysfunction (Grade C)³¹ have excess mortality justifying an exception score of Median MELD at Transplant (MMaT).³²

The Committee considered including Grade B³³ SFSS with certain conditions as qualifying for the exception as well. However, they determined that any patient with Grade B SFSS would likely have a high enough MELD score to reflect their expected waitlist mortality without warranting additional priority. As a result, Grade B SFSS is not included as qualifying for additional priority.

²⁹ See NLRB Subcommittee meeting summary, October 24, 2024. Available at <https://optn.transplant.hrsa.gov/>.

³⁰ See NLRB Subcommittee meeting summary, September 26, 2024. Available at <https://optn.transplant.hrsa.gov/>.

³¹ Grade C is a total Bilirubin >10 mg/dl and international normalized ratio (INR) > 1.6 at day 7 OR total bilirubin >20 at day 14.

³² A. Kow et al. Transplantation. October 2023; Vol. 107:2226-37.

³³ Grade B is Day 7 Total Bilirubin >10 mg/dL or INR >1.6, Day 14 Total Bilirubin >10mg/dL and ascites IL/d.

The Committee felt that Small for Size was not a clear term. The Committee decided to rename this guidance Early Allograft Dysfunction (EAD) in Reduced Size Livers (Small for Size Syndrome). Small for Size Syndrome is considered outdated nomenclature. Changing the title and keeping Small for Size Syndrome in parentheses with a more accurate term (Early Allograft Dysfunction) improves clarity.

The Committee proposes the following guidance for Early Allograft Dysfunction (Small for Size):

Living donor allografts, split allografts, and reduced size allografts are prone to early allograft dysfunction secondary to elevated portal flow or pressure. Symptoms should develop less than 30 days following transplantation without other identified cause of graft dysfunction such as vascular thrombosis, prolonged ischemia, or other etiology.

Key Risk factors include:

- Graft to Recipient Weight Ratio (GRWR) < 0.8%
- Graft Volume to Standard Liver Volume ration of <40%
- Portal Pressure > 15 mm hg or portal cava gradients >10 mm Hg
- Portal flow > 250ml/min/100gm graft weight

Documentation submitted for case review should include the anatomy of the split allograft, the above risk factors for small for size syndrome, and any intraoperative or postoperative interventions used for treatment.

In most cases, the calculated MELD score will provide adequate priority. Patients with severe allograft dysfunction classified as Grade C are proposed to be eligible for MMaT due to the severity of disease and risk of mortality.

Post-transplant complications: Diffuse Ischemic Cholangiopathy and Late Vascular Complications

Committee members were concerned that the criteria in Late Vascular Complications related to ischemic cholangiopathy are different than the NLRB guidance section for ischemic cholangiopathy, so they decided to combine the two separate sections into one section to streamline guidance.^{34,35}

Diffuse ischemic cholangiopathy is a complication typically associated with donation after cardiac death (DCD) liver transplant, but the Committee combined and revised the two sections since this condition occurs in livers besides only DCD, including Donation after Brain Death (DBD).³⁶

Late vascular complications are biliary which indicates they would fall into one of the other exception pathways. The Committee agreed that a sentence could be added to the ischemic cholangiopathy section that states that a cause of ischemic cholangiopathy could be a late vascular complication and those candidates could apply for an exception. Candidates with both conditions likely have similar waitlist mortalities and warrant similar exception scores.

³⁴ See OPTN Liver and Intestinal Committee meeting summary, October 9, 2024. Available at <https://optn.transplant.hrsa.gov/>.

³⁵ See NLRB Subcommittee meeting summary, August 22, 2024. Available at <https://optn.transplant.hrsa.gov/>.

³⁶ See OPTN Liver and Intestinal Committee meeting summary, October 9, 2024. Available at <https://optn.transplant.hrsa.gov/>.

Proposed guidance is updated to be more specific, to indicate what long-term morbidity means with this condition. Updated, combined, guidance criteria include documentation of:

1. Risk factor(s) for ischemic cholangiopathy (e.g. hepatic artery thrombosis post-transplant or DCD donor characteristics)
2. Evidence of ischemic cholangiopathy and non-anastomotic biliary stricture, including two or more of the following criteria within 12 months of transplant:
 - Persistent cholestasis as defined by abnormal bilirubin (greater than 2 mg/dl) for greater than 4 weeks
 - Evidence of severe infection, such as:
 - Two or more episodes of cholangitis with an associated bacteremia requiring hospital admission.
 - Repeated multidrug-resistant bacteremia
 - Abscesses and/or biliary strictures requiring frequent interventions (e.g. PTBD, ERCP) requiring at least two documented readmissions over 6 months.

The Committee recommends that patients may be considered for MELD exception score of MMA_T-3.

Adult Transplant Oncology Guidance

Hepatocellular Carcinoma (HCC)

This section includes updates to diagnostic imaging tables to provide specific evaluation criteria in one location for reviewers to determine exceptions. Updates include:

- Addition of a table including the most recent LI-RADS 5 criteria³⁷
- Updated imaging requirements for both multiphase CT and MRI
- Addition of a table to list the imaging requirements for the CEUS imaging option to submit a standard exception request for HCC

Neuroendocrine Tumors

The Committee reviewed guidance for neuroendocrine tumors (NET).³⁸ Current criteria for exception requests include resection of primary malignancy and extra-hepatic disease without any evidence of recurrence for at least six months prior to MELD exception request and evidence of Neuroendocrine Liver Metastasis (NLM) limited to the liver, bi-lobar, and not amenable to resection. Additionally, documentation of radiological characteristics by either CT or MRI are required for exception.

The Committee decided to remove bi-lobar, or two distinct and separate lesions, from criteria for MELD exception points.³⁹ They decided to remove content about MRI or CT scan characteristics and instead base guidance on Positron Emission Tomography (PET) scan with dotatate or liver biopsy if the PET scan is unclear. The Committee agreed that most centers do not detect NET with a CT or an MRI, and most centers

³⁷ American College of Radiology: <https://www.acr.org/-/media/ACR/Files/Clinical-Resources/LIRADS/Chapter-8-LIRADS-Categories.pdf>.

³⁸ See NLRB Subcommittee meeting summary, September 26th, 2024. Available at <https://optn.transplant.hrsa.gov/>.

³⁹ Mazzaferro V, Pulvirenti A, Coppa J. Neuroendocrine tumors metastatic to the liver: how to select patients for liver transplantation? *Journal of Hepatology*, Oct 2007; 47(4): 460-6.

do have a version of a PET. The Committee agreed the NET is now detected most of the time with PET dotatate. The Committee also removed language stating that some neuroendocrine tumors located in specific areas did not qualify for automatic MELD exception. The language was removed to clarify that there are no automatic exception points associated with NLRB guidance.

The Committee agreed that language can be added to use either the primary lesion or a resected lesion to differentiate between a Grade 1 or a Grade 2 tumor, since this cannot always be determined with the primary lesion and it is sometimes not available. The Committee also discussed if Grade 1 or Grade 2 tumors should continue to be differentiated using the mitotic rate of less than 20 per 10 hepatopulmonary fusion (HPF) with a Ki-67 index of less than 20 percent. They decided to keep this method of differentiation since there is no new data demonstrating otherwise.⁴⁰

While this same literature, referred to as the “Mazzaferro Milan Criteria,” supports the criteria that metastatic liver volume should not exceed fifty percent to qualify for this exception, the Committee decided to remove the requirement because they felt that fifty percent was not measurable.

The score recommendation proposed by the Committee is MMaT-3.

Hepatic Epithelioid Hemangioendothelioma

Hepatic Epithelioid Hemangioendothelioma (HEHE) is a rare, low grade primary liver tumor of mesenchymal cell origin.⁴¹

The current MELD exception guidance for HEHE requests transplant programs to perform a biopsy to establish the diagnosis of HEHE and exclude hemangiosarcoma.

Based on the review of recent literature, the Committee discussed that HEHE recurs over years and should not impact early post-transplant outcomes.⁴² The Committee agreed that a statement regarding the data detailing the impact of microvascular invasion should be removed from guidance, as the data is no longer accurate.⁴³ The Committee also agreed that the NLRB guidance should not include educational statements or comments as written in current guidance, but should only outline criteria for non-standard exceptions.

The Committee proposes updating this guidance to include, in addition to a biopsy, meeting the following criteria:

- Absence of macrovascular invasion on biopsy or imaging
- Lesions are unresectable
- Absence of extrahepatic disease based on imaging or staging laparotomy at the time of transplant

⁴⁰ Ibid.

⁴¹ Kou K, Chen YG, Zhou JP, Sun XD, Sun DW, Li SX, Lv GY. Hepatic epithelioid hemangioendothelioma: Update on diagnosis and therapy. *World J Clin Cases*. 2020 Sep 26;8(18):3978-3987. doi: 10.12998/wjcc.v8.i18.3978. PMID: 33024754; PMCID: PMC7520791.

⁴² See NLRB Subcommittee meeting summary, October 24, 2024. Available at <https://optn.transplant.hrsa.gov/>.

⁴³ Lerut, J.P., G. Orlando, R. Adam, et al. “The place of liver transplantation in the treatment of hepatic epithelioid hemangioendothelioma: report of the European liver transplant registry.” *Ann Surg* 246 (2007): 949-57.

The additions of the criteria are based on recent publications. Recent data show that the presence of either extrahepatic disease or micro-macrovascular invasion results in excellent survival rates post-transplant.⁴⁴ Therefore, the Committee proposes requiring the absence of these conditions to qualify for exception. Additionally, data shows that patients with multiple lesions have a high post-transplant survival rate, so the committee included a requirement that the lesions be unresectable to qualify for exception.⁴⁵

The Committee additionally added a score recommendation of MMaT-3.

Hepatic Adenomas

Hepatic adenomas (HA) are rare benign nodules occurring principally in women taking oral contraceptives.⁴⁶ The two types of hepatic adenomas are solitary and adenomatosis, resulting from risk factors including exposure to estrogens, anabolic steroids, genetic syndromes such as glycogen storage disease (GSD) or Abernathy syndrome, and metabolic syndrome.⁴⁷

The current MELD exception guidance for hepatic adenomas requires that transplant programs submit the following documentation for review by the NLRB:

- Adenoma in the presence of Glycogen Storage Disease
- Unresectable β Catenin (+) Adenoma
- Adenoma(s) with all three below:
 - Unresponsive to medical management
 - Unresectable
 - Progressive or with complication such as hemorrhage or malignant transformation (must specify)

Patients with adenomatosis have innumerable lesions on both sides of the liver. It is difficult to know which lesion might have malignant potential because all lesions cannot be biopsied. Liver transplantation is the only definitive treatment option. Adenomatosis typically occurs in the presence of glycogen storage disease, but not always, so it is now included along with the glycogen storage.

The Committee also considered that the number of hepatic adenoma diagnoses last year was approximately 40 and there was concern that creating more options to receive an exception may cause requests for more patients than those who may actually need an exception. A proposed number of adenomas is included in the criteria recommendations since adenomatosis is defined as more than 10 adenomas present.

The Committee decided to request documentation of the size of an adenoma as a criterion, as larger adenomas are considered more medically concerning but wanted to continue to ensure priority is given to patients with more severe conditions like hepatocellular carcinoma (HCC).

⁴⁴ *Ibid.*

⁴⁵ Nudo, C.G., E.M. Yoshida, V.G. Bain, et al. "Liver transplantation for hepatic epithelioid hemangioendothelioma: the Canadian multicentre experience." *Can J Gastroenterol* 22 (2008):821-4.

⁴⁶ Jean-Charles Nault et al., "Molecular Classification of Hepatocellular Adenoma in Clinical Practice," *Journal of Hepatology* 67, no. 5 (2017): pp. 1074-1083, <https://doi.org/10.1016/j.jhep.2017.07.009>.

⁴⁷ See NLRB Subcommittee meeting summary, October 24, 2024. Available at <https://optn.transplant.hrsa.gov/>.

The Committee proposes the following changes to this guidance.⁴⁸

- An exception can be additionally approved for an unresectable adenoma in a patient with liver adenomatosis (>10 HA).
- If exceptions with progressive or complicated hepatic adenomas are requested, documentation must be specific to include supportive details including size.

The Committee proposes that patients who meet the criteria above should be eligible for a MELD exception score equivalent to MMaT-3.

NLRB Operational Guidelines

The Committee determined that language indicating that adult exception requests with certain pediatric conditions go to the Pediatric Review Board should be removed. This language currently directs adult exceptions requests with pediatric conditions (nonspecific) to the Pediatric Board. The Committee would like all adult exception requests to be submitted to adult boards to ensure appropriate expertise in the review process, since there have been a small number of exception requests for adults with metabolic disease be sent to the Pediatric Board for review.

HCC Diagnostic Tools & Imaging Classification Criteria

The Committee is proposing two updates to OPTN policy to align with recommendations and terminology used by the American College of Radiology.⁴⁹ The proposed updates will allow candidates where a CEUS was used to adjunctly diagnosis their HCC a pathway for automatic approval of the standard HCC exception and align OPTN terminology with the terminology used by radiologists per LI-RADS standards. The proposed changes were drafted in consultation with subject matter experts that develop and maintain the LI-RADS criteria.

Contrast-Enhanced Ultrasound (CEUS)

CEUS can detect a variety of diseases and conditions by using an intravenous agent that contains microbubbles that allows for the ability to see the flow of blood through organs and blood vessels.⁵⁰ For HCC, CEUS can be used as an adjunct diagnostic tool to confirm the presence of HCC. In instances where CT or MRI show atypical imaging features, a CEUS may be used as an add-on tool to accurately diagnosis HCC.⁵¹

Current OPTN policy⁵² states that one criterion required prior to applying for a standardized HCC exception is that “an evaluation of the number and size of lesions before locoregional therapy that meet Class 5

⁴⁸ See NLRB Subcommittee meeting summary, October 24, 2024. Available at <https://optn.transplant.hrsa.gov/>.

⁴⁹ American College of Radiology: <https://www.acr.org/-/media/ACR/Files/Clinical-Resources/LIRADS/Chapter-8-LIRADS-Categories.pdf>.

⁵⁰ Cleveland Clinic: <https://my.clevelandclinic.org/health/diagnostics/22754-contrast-enhanced-ultrasound-ceus>.

⁵¹ Fraquelli M, Nadarevic T, Colli A, Manzotti C, Giljaca V, Miletic D, Štimac D, Casazza G. Contrast-enhanced ultrasound for the diagnosis of hepatocellular carcinoma in adults with chronic liver disease. *Cochrane Database Syst Rev*. 2022 Sep 2;9(9):CD013483. doi: 10.1002/14651858.CD013483.pub2. PMID: 36053210; PMCID: PMC9438628.

⁵² OPTN Policy 9.5.I.i: *Initial Assessment and Requirements for HCC Exception Requests*, as of September 2024.

criteria using a dynamic contrast-enhanced CT or MRI” must be performed. The Committee affirms that CT or MRI should be the sole imaging tools for determining the number and size of lesions but proposes that CEUS may be used as an adjunct diagnostic tool to confirm HCC diagnosis per *Policy 9.5.I.vi: Imaging Requirements for Class 5 Lesions*.

Currently in instances where a contrast-enhanced ultrasound was used in addition to a CT or MRI to diagnosis HCC, transplant programs must submit non-standard exceptions for HCC for these candidates. Including contrast-enhanced ultrasound as an acceptable adjunct diagnostic tool for confirming Class 5 criteria will help standardize these situations and lessen the review of the National Liver Review Board (NLRB). These proposed modifications apply to both pediatric and adult HCC populations.

The Committee determined that the CEUS should be performed within 90-calendar days of when the CT or MRI was performed. The Committee felt that a timeframe was appropriate because of tumor growth considerations. Additionally, the Committee chose a 90-calendar day timeframe because CTs or MRIs are performed every three months for purposes of extending HCC exceptions, so this proposed timeframe aligns with that cadence. However, this proposal does not require CEUS to be repeated every time a CT or MRI is performed. This proposal only highlights CEUS as an acceptable adjunct diagnostic tool, meaning that it only needs to be performed in combination with a CT or MRI for initial diagnostic purposes.

Additional updates to the HCC policy and guidance include updating the terminology of “dynamic” to “multiphase” per recommendation from the American College of Radiology for use of more up-to-date terminology.

The Committee’s proposal to add CEUS as an acceptable adjunct diagnostic tool for HCC requires updates to the OPTN computer system in regard to the HCC exception form. Users must be able to select that their candidate had a CEUS performed in addition to CT or MRI. Selection of CEUS is an existing field, so the section to input corroborating data is already present and aligns with data requested as part of current HCC guidance. As diagnosis of the HCC is only relevant for the initial assessment and requirements for standardized HCC exception requests, CEUS will be added to the initial HCC exception form.

LI-RADS

LI-RADS was created to standardize the reporting and data collection for imaging of HCC.⁵³ The OPTN has previously aligned with LI-RADS terminology with the intent for the liver transplant community to use a consistent lexicon for the classification of HCC lesions. Currently *Policy 9.5.I.vi: Imaging Requirements for Class 5 Lesions* includes granular criteria for the classification of HCC. The Committee proposes certain criteria be modified to a single criterion that encompasses LI-RADS 5 instead of listing out the granular criteria that defines LI-RADS 5. The proposed changes highlight that LI-RADS 5 can be determined by CT or MRI with or without CEUS. These proposed modifications are detailed below in **Table 1**.

⁵³ American College of Radiology: <https://www.acr.org/Clinical-Resources/Reporting-and-Data-Systems/LI-RADS>.

Table 1: Summary of Modifications to Table 9-9

Class	Current	Proposed
NC – Not Categorizable	Incomplete or technically inadequate study due to image degradation or omission	No proposed changes
5A	<p>Must meet <i>all</i> of the following:</p> <ul style="list-style-type: none"> • Maximum diameter of at least 1 cm and less than 2 cm, as measured on late arterial or portal phase images • Nonrim arterial phase hyper-enhancement • <i>Either</i> of the following: <ul style="list-style-type: none"> ○ Non-peripheral washout ○ Biopsy 	<p>Must meet <i>all</i> of the following:</p> <ul style="list-style-type: none"> • Maximum diameter of at least 1 cm and less than 2 cm, as measured on late arterial or portal phase image • <i>Either</i> of the following <ul style="list-style-type: none"> ○ LI-RADS 5 classification on CT or MRI, with or without contrast-enhanced ultrasound (CEUS). If CEUS is used, it must be performed within 90 calendar days of the CT or MRI to receive a standard exception. ○ Biopsy
5A-g	<p>Must meet <i>all</i> of the following:</p> <ul style="list-style-type: none"> • Maximum diameter of at least 1 cm and less than 2 cm, as measured on late arterial or portal phase images • Nonrim arterial phase hyper-enhancement • Threshold growth defined as size increase of a mass by $\geq 50\%$ in ≤ 180 days on MRI or CT 	Remove classification (now included in LI-RADS 5 classification with 5A, above)
5B	<p>Must meet <i>all</i> of the following:</p> <ul style="list-style-type: none"> • Maximum diameter of at least 2 cm and less than or equal to 5 cm, as measured on late arterial or portal phase images • Nonrim arterial phase hyper-enhancement 	<p>Must meet <i>all</i> of the following:</p> <ul style="list-style-type: none"> • Maximum diameter of at least 2 cm and less than or equal to 5 cm, as measured on late arterial or portal phase images • <i>Either</i> of the following

Class	Current	Proposed
	<ul style="list-style-type: none"> • <i>One of the following:</i> <ul style="list-style-type: none"> ○ Non-peripheral washout ○ Enhancing capsule ○ Threshold growth defined as size increase of a mass by \geq 50% in \leq 180 days on MRI or CT ○ Biopsy 	<ul style="list-style-type: none"> ○ LI-RADS 5 classification on CT or MRI, with or without CEUS. If CEUS is used, it must be performed within 90 calendar days of the CT or MRI to receive a standard exception ○ Biopsy
5T	Any Class 5A, 5A-g, 5B lesion that was automatically approved upon initial request or extension and has subsequently been treated by locoregional therapy	Any Class 5A or 5B lesion that was automatically approved upon initial request or extension and has subsequently been treated by locoregional therapy

The changes should simplify the work of transplant coordinators, who currently must translate between the terms used by radiologists and the terms used by the liver transplant team. Aligning the terminology between these groups will reduce the chance of data entry error.

The Committee proposes to add a table that details the criteria for LI-RADS 5 for CT, MRI, and CEUS to the Adult Transplant Oncology NLRB guidance document for purposes of being an available resource for more information on the LI-RADS 5 definition. Additionally, this information will be available for reference in the online help documentation within the OPTN computer system.

NOTA and Final Rule Analysis

This project is authorized by NOTA to establish “medical criteria for allocating organs,”⁵⁴ as well as the OPTN Final Rule, which requires the Board to establish performance goals for allocation policies, including “reducing inter-transplant program variance” in performance indicators.⁵⁵ The potential changes included in this project will ensure that transplant programs and NLRB reviewers have updated and accurate clinical guidance regarding medical criteria when submitting and reviewing exception requests. The updated guidance will assist in reducing inter-transplant program variance by facilitating a more consistent review of exception cases. By facilitating a more consistent review of exception cases, the proposal will, in turn, help ensure the equitable allocation of deceased donor organs by providing similar priority for candidates in similar clinical situations and allowing the appropriate candidates to receive a MELD or PELD exception.

⁵⁴ 42 U.S.C. §274(b)(2)(B).

⁵⁵ 42 C.F.R. §121.8(b)(4).

Implementation Considerations

Member and OPTN Operations

The proposed changes to the Adult MELD Exception Review guidance, the Adult Transplant Oncology Exception Review guidance, and NLRB Operational Guidelines will need to be updated on the OPTN website. It will also include updating OPTN policy for the modifications related to CEUS and LI-RADS. Modifications for CEUS and LI-RADS require updates to the OPTN computer system. This will include updating initial HCC exception forms as well as associated help documentation.

The Committee discussed the need for an implementation transition plan. Upon implementation, any HCC initial case that is in pending state or submitted to the review board will remain in the current form. Implemented changes will be reflected in the new HCC initial forms. Additionally, any pending or appealed metabolic adult cases submitted to the Pediatric Review board will not convert to a different review board but will continue to be directed to the Pediatric Review Board. Transplant programs can re-submit an exception to have the Adult Other Diagnosis Review Board adjudicate the case instead.

All pending or submitted HCC exception request forms submitted for NLRB approval will remain in current state, without the additional imaging option of CEUS, to be automatically approved for a standard HCC exception. Should transplant centers want to use CEUS, they can resubmit a new HCC form.

Additionally, all pending, submitted and appealed forms for adult exception request forms that meet criteria for Metabolic Disease for NLRB approval will still be sent to the Pediatric Review Board. Should transplant centers want these cases to be reviewed by the Adult Other Diagnosis Review Board, they can withdraw their currently submitted form and file a new exception form.

Operations affecting Transplant Hospitals

Transplant programs will need to be familiar with the proposed changes to the NLRB guidance documents when submitting non-standard exception requests for liver.

Transplant programs will also need to be aware of the changes related to imaging options and LI-RADS.

Operations affecting the OPTN

Relevant guidance documents will need to be updated. The OPTN Computer System will need to be updated to reflect changes to the HCC policy modifications. While CEUS is proposed as an additional imaging option to diagnose a Class 5 lesion, no new data will be collected. System users can input "CEUS" in the existing field, "Imaging Study." The fields will be reformatted to collect imaging documentation, but no new data collection is associated with this proposal.

The OPTN will communicate any changes prior to implementation and will provide educational resources as appropriate.

Operations affecting Histocompatibility Laboratories

This proposal is not anticipated to affect the operations of histocompatibility laboratories.

Operations affecting Organ Procurement Organizations

This proposal is not anticipated to affect the operations of organ procurement organizations.

Potential Impact on Select Patient Populations

The proposed changes to NLRB guidance may impact candidates with the conditions listed in this proposal. The Committee determined it necessary to establish consistent score recommendations that would not interfere with transplant access for other medically urgent liver candidates. Reviewers will be more equipped to consistently analyze and score cases and make decisions based on their clinical expertise.

None of the proposed changes to guidance for candidates with these diagnoses are more limiting than the current criteria in guidance. As such, the proposed changes are unlikely to create a large change in any population's ability to access transplant. No exception candidates will lose a current exception at the time of implementation of the updated guidance. However, NLRB reviewers and transplant programs will need to consult the updated guidance for initial exceptions and extension requests submitted after implementation.

The proposed modifications should not be any more restrictive to the pediatric population. Imaging for diagnosing HCC is primarily used in adults with specific risk factors. For pediatric cases, liver tumor diagnosis mainly relies on tissue histology, and it is anticipated that this practice will continue after adult LI-RADS implementation. Adding LI-RADS 5 criteria to the HCC policy should not be any more restrictive to the pediatric population, as an HCC exception can still be submitted with biopsy results.

Projected Fiscal Impact

The Fiscal Impact Group (FIG), comprised of representatives from histocompatibility laboratories, organ procurement organizations, and transplant hospitals, reviewed this proposal and completed a survey to estimate anticipated costs. They rated this project as low, medium, or high based on the estimated staffing and/or training, overtime, equipment, or IT support needed in the implementation of this proposal.

Overall Projected Fiscal Impact

The proposal was determined to have no significant fiscal impact on organ procurement organizations and transplant hospitals. No significant fiscal impacts were recorded for histocompatibility labs.

Projected Impact on the OPTN

It is estimated that \$30,403 is needed for the development of this proposal. Development includes committee preparation and facilitation, proposal development, research and analysis, and presentations. It is estimated that \$145,596 would be needed to implement this proposal. Implementation would involve implementation communications and educational materials, updates to OPTN documents, templates, and processes, software engineering, IT project management, analysis, and quality assurance. It is estimated that \$13,358 will be needed for ongoing support. Ongoing support will include member support, monitoring, and post-implementation evaluation. The total for development, implementation, and ongoing support is estimated to be \$189,357.⁵⁶

Projected Fiscal Impact on Organ Procurement Organizations

No significant fiscal impacts were recorded for OPOs.

Projected Fiscal Impact on Transplant Hospitals

No significant fiscal impacts were recorded for transplant hospitals.

Projected Fiscal Impact on Histocompatibility Laboratories

No significant fiscal impacts were recorded for histocompatibility laboratories.

Post-implementation Monitoring

Member Compliance

This proposal will not change the current routine monitoring of OPTN members. At transplant hospitals, the OPTN will continue to review of a sample of medical records, and any material incorporated into the medical record by reference, for documentation that data reported through the OPTN Computer System are consistent with source documentation, including completion of the required imaging.

Policy Evaluation

This project is an update to guidance and policy with no planned research monitoring. There are no key metrics to evaluate. Changes to guidance and policy may be monitored if requested by the NLRB Subcommittee post-implementation.

Conclusion

This proposal updates guidance for transplant programs to submit non-standard exceptions for candidates diagnosed with liver cancers, tumors, and other conditions listed in the NLRB Adult Transplant Oncology Guidance and the Adult Other Diagnoses Guidance. The NLRB Operational Guidelines are updated to align

⁵⁶ Resource estimates are calculated by the current contractor for that contractor to perform the work. Estimates are subject to change depending on a number of factors, including which OPTN contractor(s) will be performing the work, if the project is ultimately approved.

to NLRB guidance changes proposed here and approved in June 2024, but not yet implemented, and to ensure that review boards reflect appropriate expertise.

Additionally, this proposal includes modifications to HCC policy and guidance to add CEUS as an acceptable adjunct diagnostic tool for standard HCC exceptions. This imaging classification criteria is also aligned to LI-RADS terminology in policy.

The proposed changes will update NLRB guidance for accuracy and relevancy. Reviewers will be more equipped to consistently analyze and score cases and make decisions based on their clinical expertise. Adding CEUS as an additional acceptable diagnostic tool for HCC exceptions provides an expanded way for candidates to receive automatic standard exception requests.

Considerations for the Community

The Committee is seeking public comment feedback on the proposed changes to NLRB guidance including:

- Do you agree with the proposed guidance and score recommendations for each condition listed? If not, please elaborate.⁵⁷
- Are there other exception requests related to liver cancers or tumors that should be addressed by the Adult Transplant Oncology Review Board and associated guidance document?
- Are there other exception requests related to the Adult MELD Exception Review Board and associated guidance that should be addressed in the guidance document?
- Do you agree with the addition of contrast-enhanced ultrasound (CEUS) as an optional imaging option to provide a pathway to automatic standard HCC exception approval in Policy 9.5.1?
- Do pediatric practitioners incorporate LI-RADS 5 criteria into case management? If not, what system or categories should be used to classify pediatric HCC?
- How would this facilitate patients or families discussing exception priority with medical providers for adult or pediatric patients?

⁵⁷ See Appendix A for a table of proposed score recommendations.

Policy Language

Proposed new language is underlined (example) and language that is proposed for removal is struck through (~~example~~). Heading numbers, table and figure captions, and cross-references affected by the numbering of these policies will be updated as necessary.

1 9.5.I Requirements for Hepatocellular Carcinoma (HCC) MELD or PELD Score Exceptions

2
3 Upon submission of the first exception request, a candidate with hepatocellular carcinoma (HCC)
4 will receive a score according to *Policy 9.5.I.vii: Extensions of HCC Exceptions* if the candidate meets
5 the criteria according to *Policies 9.5.I.i through 9.5.I.vi*.

6 9.5.I.i Initial Assessment and Requirements for HCC Exception Requests

7 Prior to applying for a standardized MELD or PELD exception, the candidate must undergo a
8 thorough assessment that includes *all* of the following:

- 9 1. An evaluation of the number and size of lesions ~~before locoregional therapy~~ using multiphase
10 contrast-enhanced computer tomography (CT) or magnetic resonance imaging (MRI) before
11 locoregional therapy.
12 2. An evaluation that the lesions that meet Class 5 criteria according to *Table 9-9* using a ~~dynamic~~
13 multiphase contrast-enhanced ~~computed tomography (CT) or (MRI).~~
14 3. A CT of the chest to rule out metastatic disease. This is only required prior to applying for an
15 initial exception. A CT of the chest is not required for exception extensions.
16 4. A CT or MRI to rule out any other sites of extrahepatic spread or macrovascular involvement
17 5. An indication that the candidate is not eligible for resection
18 6. An indication whether the candidate has undergone locoregional therapy
19 7. The candidate's alpha-fetoprotein (AFP) level

20 The transplant hospital must maintain documentation of the radiologic images and assessments of
21 all OPTN Class 5 lesions in the candidate's medical record. If growth criteria are used to classify a
22 lesion as HCC, the radiology report must contain the prior and current dates of imaging, type of
23 imaging, and measurements of the lesion.

24 For those candidates who receive a liver transplant while receiving additional priority under the
25 HCC exception criteria, the transplant hospital must submit the *Post-Transplant Explant Pathology*
26 *Form* to the OPTN within 60 days of transplant. If the *Post-Transplant Explant Pathology Form* does
27 not show evidence of HCC or liver-directed therapy for HCC, the transplant program must also
28 submit documentation or imaging studies confirming HCC at the time of assignment.

29 The Liver and Intestinal Organ Transplantation Committee will review the submitted
30 documentation or imaging studies when more than 10 percent of the *Post-Transplant Explant*
31 *Pathology Forms* submitted by a transplant program in a one year period do not show evidence of
32 HCC or liver-directed therapy for HCC.

33 9.5.1.ii Eligible Candidates Definition of T2 Stage

34 Candidates with hepatic lesions that meet T2 stage are eligible for a standardized MELD or PELD
 35 exception if they have an alpha-fetoprotein (AFP) level less than or equal to 1000 ng/mL. T2 stage
 36 is defined as candidates with *either* of the following:

- 37 • One Class 5 lesion greater than or equal to 2 cm and less than or equal to 5 cm in size.
- 38 • Two or three Class 5 lesions each greater than or equal to 1 cm and less than or equal to 3 cm in
 39 size.

40 A candidate who has previously had an AFP level greater than 1000 ng/mL at any time must qualify
 41 for a standardized MELD or PELD exception according to *Policy 9.5.1.iv: Candidates with Alpha-*
 42 *fetoprotein (AFP) Levels Greater than 1000.*

43 9.5.1.iii Lesions Eligible for Downstaging Protocols

44 Candidates are eligible for a standardized MELD or PELD exception if, before completing
 45 locoregional therapy, they have lesions that meet *one* of the following criteria:

- 46 • One Class 5 lesion greater than 5 cm and less than or equal to 8 cm
- 47 • Two or three Class 5 lesions that meet all of the following:
 - 48 ○ At least one lesion greater than 3 cm
 - 49 ○ Each lesion less than or equal to 5 cm, and
 - 50 ○ A total diameter of all lesions less than or equal to 8 cm
- 51 • Four or five Class 5 lesions each less than 3 cm, and a total diameter of all lesions less than or equal
 52 to 8 cm

53 For candidates who meet the downstaging criteria above and then complete locoregional therapy,
 54 the viable lesions must subsequently meet the size requirements for T2 stage according to *Policy*
 55 *9.5.1.ii: Eligible Candidates Definition of T2 Stage* to be eligible for a standardized MELD or PELD
 56 exception. Downstaging to meet eligibility requirements for T2 stage must be demonstrated by
 57 ~~dynamic-~~ multiphase contrast-enhanced CT or MRI performed after locoregional therapy.

58 Candidates with lesions that do not initially meet the downstaging protocol inclusion criteria who
 59 are later downstaged and then meet eligibility for T2 stage are not automatically eligible for a
 60 standardized MELD or PELD exception and must be referred to the NLRB for consideration of a
 61 MELD or PELD exception.

62 9.5.1.iv Candidates with Alpha-fetoprotein (AFP) Levels Greater than 1000

63
 64 Candidates with lesions meeting T2 stage according to *Policy 9.5.1.ii Eligible Candidates Definition*
 65 *of T2 Stage* but with an alpha-fetoprotein (AFP) level greater than 1000 ng/mL may be treated with
 66 locoregional therapy. If the candidate's AFP level falls below 500 ng/mL after treatment, the
 67 candidate is eligible for a standardized MELD or PELD exception as long as the candidate's AFP level
 68 remains below 500 ng/mL. Candidates with an AFP level greater than or equal to 500 ng/mL
 69 following locoregional therapy at any time must be referred to the NLRB for consideration of a
 70 MELD or PELD exception.

71 **9.5.I.v Requirements for Dynamic Multiphase Contrast-enhanced CT or MRI of the Liver**

72 CT scans or MRIs performed for a HCC MELD or PELD score exception request must be interpreted
 73 by a radiologist at a transplant hospital. If the lesion cannot be categorized due to image
 74 degradation or omission, then the lesion will be classified as Not categorizable (NC) and imaging
 75 must be repeated or completed to receive an HCC MELD or PELD exception. If the lesion cannot be
 76 fully categorized due to image degradation or omission, then imaging must be repeated or
 77 completed. Contrast-enhanced ultrasound (CEUS) can be used to determine class 5 classification,
 78 in accordance with *Table 9-9*.

79 **9.5.I.vi Imaging Requirements for Class 5 Lesions**

80 Lesions found on imaging in patients at risk for HCC are classified according to *Table 9-9*. The
 81 imaging criteria within the table apply only to observations which do not represent benign lesions
 82 or non-HCC malignancy (i.e. targetoid or LR-M) by imaging.

83 **Table 9-9: Classification System for Lesions Seen on Imaging of Livers⁵⁸**

Seen on Imaging of Livers Class	Description
NC – Not Categorizable	Incomplete or technically inadequate study due to image degradation or omission
5A	<p>Must meet <i>all</i> of the following:</p> <ul style="list-style-type: none"> • Maximum diameter of at least 1 cm and less than 2 cm, as measured on late arterial or portal phase images • Nonrim arterial phase hyper-enhancement • <u>Either</u> of the following: <ul style="list-style-type: none"> • Non-peripheral washout • <u>LI-RADS 5 classification on CT or MRI, with or without contrast-enhanced ultrasound (CEUS)</u> <ul style="list-style-type: none"> • <u>If CEUS is used, it must be performed within 90 calendar days of the CT or MRI to receive a standard exception.</u> • Biopsy
5A-g	<p>Must meet <i>all</i> of the following:</p> <ul style="list-style-type: none"> • Maximum diameter of at least 1 cm and less than 2 cm, as measured on late arterial or portal phase images • Nonrim arterial phase hyper-enhancement • Threshold growth defined as size increase of a mass by ≥ 50% in ≤ 180 days on MRI or CT

⁵⁸ LI-RADS criteria is determined by the American College of Radiology. <https://www.acr.org/-/media/ACR/Files/RADS/LI-RADS/LI-RADS-2018-Core.pdf>.

Seen on Imaging of Livers Class	Description
5B	<p>Must meet <i>all</i> of the following:</p> <ul style="list-style-type: none"> • Maximum diameter of at least 2 cm and less than or equal to 5 cm, as measured on late arterial or portal phase images • Nonrim arterial phase hyper-enhancement • One <u>Either</u> of the following: <ul style="list-style-type: none"> • Nonperipheral washout • Enhancing capsule • Threshold growth defined as size increase of a mass by $\geq 50\%$ in ≤ 180 days on MRI or CT • <u>LI-RADS 5 classification on CT or MRI, with or without CEUS</u> <ul style="list-style-type: none"> • <u>If CEUS is used, it must be performed within 90 calendar days of the CT or MRI to receive a standard exception.</u> • Biopsy
5T	Any Class 5A, 5A-g , 5B lesion that was automatically approved upon initial request or extension and has subsequently been treated by locoregional therapy

84 **9.5.I.vii Extensions of HCC Exception**

85 A candidate with an approved exception for HCC is eligible for automatic approval of an extension
86 if the transplant program enters a MELD or PELD Exception Score Extension Request that contains
87 the following:

- 88 1. Documentation of the tumor stage using multiphase contrast-enhanced CT or MRI
89 2. The type of treatment if the number of tumors decreased since the last request
90 3. The candidate’s alpha-fetoprotein (AFP) level

91 A CT of the chest to rule out metastatic disease is not required after the initial exception request.
92 The candidate’s exception extension will then be automatically approved unless *any* of the
93 following occurs:

- 94 • The candidate’s lesions progress beyond T2 criteria, according to *9.5.I.ii: Eligible Candidates*
95 *Definition of T2 Stage*
96 • The candidate’s alpha-fetoprotein (AFP) level was less than or equal to 1,000 ng/mL on the initial
97 request but subsequently rises above 1,000 ng/mL
98 • The candidate’s AFP level was greater than 1,000 ng/mL, the AFP level falls below 500 ng/mL after
99 treatment but before the initial request, then the AFP level subsequently rises to greater than or
100 equal to 500 ng/mL
101 • The candidate’s tumors have been resected since the previous request
102 • The program requests a score different from the scores assigned in Table 9-10.

103 When a transplant program submits either an initial exception request or the first extension request for a
 104 liver candidate at least 18 years old at the time of registration that meets the requirements for a
 105 standardized MELD score exception, the candidate will appear on the match run according to the
 106 calculated MELD score.

107 A candidate who meets these requirements for a MELD or PELD score exception for HCC will receive a
 108 score according to *Table 9-10* below.

109 **Table 9-10: HCC Exception Scores**

Age	Age at registration	Exception Request	Score
At least 18 years old	At least 18 years old	Initial and first extension	Calculated MELD
At least 18 years old	At least 18 years old	Any extension after the first extension	3 points below MMaT
At least 12 years old	Less than 18 years old	Any	40
Less than 12 years old	Less than 12 years old	Any	40

Guidance Language

Proposed new language is underlined (example) and language that is proposed for removal is struck through (~~example~~). Heading numbers, table and figure captions, and cross-references affected by the numbering of these policies will be updated as necessary.

110 **Guidance to Liver Transplant Programs and the National** 111 **Liver Review Board for:** 112 **Adult MELD Exceptions for Transplant Oncology** 113 **Summary and Goals**

114 For many patients with chronic liver disease the risk of death without access to liver transplant can
 115 be accurately predicted by the MELD score, which is used to prioritize candidates on the waiting
 116 list. However, for some patients the need for liver transplant is not based on the degree of liver
 117 dysfunction due to the underlying liver disease but rather a complication of the liver disease. These
 118 complications have an increased risk of mortality or waitlist dropout without access to timely
 119 transplant and are not reflected in the calculated MELD score.⁵⁹ This document summarizes
 120 available evidence to assist clinical reviewers in approving candidates for MELD exceptions in the
 121 specific setting of hepatic neoplasms. It contains guidance for specific clinical situations for use by
 122 the review board to evaluate common exception case requests for adult candidates with the
 123 following diagnoses:

- 124 • Hepatocellular Carcinoma (HCC)
- 125 • Intrahepatic Cholangiocarcinoma (iCCA)
- 126 • Neuroendocrine Tumors (NET)
- 127 • Colorectal Liver Metastases (CRLM)
- 128 • Hepatic Epithelioid Hemangi endothelioma (HEHE)
- 129 • Hepatic Adenomas
- 130 • ~~Colorectal Liver Metastases (CRLM)~~
- 131 • ~~Intrahepatic Cholangiocarcinoma (iCCA)~~

132 These guidelines are intended to promote consistent review of these diagnoses and summarize the
 133 Committee's recommendations to the OPTN Board of Directors.

134 This resource is not OPTN Policy, so it does not carry the monitoring or enforcement implications
 135 of policy. It is not an official guideline for clinical practice, nor is it intended to be clinically
 136 prescriptive or to define a standard of care. This resource is intended to provide guidance to
 137 transplant programs and the review board.

138 **Background**

⁵⁹ Waitlist dropout is removal from the waiting list due to the candidate being too sick to transplant.

139 A liver candidate receives a MELD⁶⁰ or, if less than 12 years old, a PELD⁶¹ score that is used for liver
140 allocation. The score is intended to reflect the candidate’s disease severity, or the risk of 3-month
141 mortality without access to liver transplant. When the calculated score does not reflect the
142 candidate’s medical urgency, a liver transplant program may request an exception score. A
143 candidate that meets the criteria for one of nine diagnoses in policy is approved for a standardized
144 MELD exception.⁶² If the candidate does not meet criteria for standardized exception, the request
145 is considered by the Review Board.

146 The OPTN Liver and Intestinal Organ Transplantation Committee (hereafter, “the Committee”) has
147 developed guidance for adult MELD exceptions for Transplant Oncology. This guidance document
148 is intended to provide recommendations for the review board considering hepatic neoplasm cases
149 which are outside standard policy.

150 This guidance replaces any independent criteria that OPTN regions used to request and approve
151 exceptions, commonly referred to as “regional agreements.” Review board members and
152 transplant centers should consult this resource when considering MELD exception requests for
153 adult candidates with the following diagnoses.

154 **Instructions for Submitting a Non-Standard exception** 155 **Request**

156 Instructions for how to submit a non-standard exception request can be found in each relevant
157 diagnosis section. For any other diagnosis that should be reviewed by the Adult Transplant
158 Oncology review board, select “other liver cancer or tumor specify”, indicate the diagnosis, and
159 submit a written justification narrative.

160 **Recommendations**

161 **Hepatocellular Carcinoma (HCC)**

162 1. Patients with the following are contraindications for HCC exception score:

- 163 • Macro-vascular invasion of main portal vein or hepatic vein
- 164 • Extra-hepatic metastatic disease
- 165 • Ruptured HCC
- 166 • T1 stage HCC

167 While in most cases, ruptured HCC and primary portal vein branch invasion of HCC would be
168 contraindications, some patients who remain stable for a prolonged (minimum of 12 months)
169 interval after treatment for primary portal vein branch invasion or after ruptured HCC may be
170 suitable for consideration.

⁶⁰Model for End-Stage Liver Disease.

⁶¹Pediatric End-Stage Liver Disease.

⁶²See OPTN Policy 9.5: Specific Standardized MELD or PELD Exceptions, Available at <https://optn.transplant.hrsa.gov/>.

171 Evidence for the use of immunotherapy as a downstaging or bridging therapy is preliminary.
 172 However, based on the published data in transplant and non-transplant setting, the use of
 173 immunotherapy does not preclude consideration for an HCC exception.⁶³

- 174 • Patients beyond standard criteria who have continued progression while waiting despite
 175 locoregional are generally not acceptable candidates for HCC MELD exception.
- 176 • Patients with AFP>1000 who do not respond to treatment to achieve an AFP below 500 are not
 177 eligible for standard MELD exception, and must be reviewed by the Adult Transplant Oncology
 178 Review Board to be considered. In general, these patients are not suitable for HCC MELD exception
 179 but may be appropriate in some cases.
- 180 • Patients with HCC beyond standard down-staging criteria who are able to be successfully
 181 downstaged to T2 may be appropriate for MELD exception, as long as there is no evidence of
 182 metastasis outside the liver, or macrovascular invasion, or AFP >1,000. Imaging should be
 183 performed at least 4 weeks after last down-staging treatment. Patients must still wait for 6
 184 months from the time of the first request to be eligible for an HCC exception score.
- 185 • Patients who presented with stage T2 HCC (LI-RADS 5 or biopsy proven; one lesion >2 cm and <5
 186 cm in size, two or three lesions >1 cm and <3 cm in size) which was treated by locoregional therapy
 187 or resected but developed T1 or T2 HCC (LI-RADS 5 or biopsy proven) recurrence and the
 188 transplant program is requesting an initial HCC exception more than 6 months but less than 60
 189 months following initial treatment or resection are eligible for a MELD score exception without a
 190 six month delay period.

191 Patients with cirrhosis and HCC beyond T2 but within generally accepted criteria for down-staging
 192 (such as up to 5 lesions, total tumor volume <8 cm based on resection pathology) who underwent
 193 complete resection with negative margins and developed T1 or T2 HCC (LI-RADS 5 or biopsy
 194 proven) recurrence may also be considered for MELD score exception for HCC. Because the larger
 195 tumor size, the 6 month delay is appropriate to ensure favorable tumor biology.

196 LI-RADS 5 requires the below criteria, which differ based on size and modality. Threshold growth is
 197 defined as ≥ 50% increase in longest diameter in ≤ 6 months on CT/MRI. APHE – arterial phase
 198 hyperenhancement.⁶⁴

Table 1: LI-RADS 5 Criteria

<u>Imaging Modality</u> ⁶⁵	<u>Observation size, mm</u>	<u>LR-5 criteria</u>
<u>CT/MRI</u>	<u>10-19mm</u>	<u>Nonrim arterial phase hyperenhancement (APHE)</u> <u>with at least one of the following:</u> <ul style="list-style-type: none"> • <u>nonperipheral washout</u>

⁶³ Parissa Tabrizian, Sander S. Florman, and Myron E. Schwartz, “PD-1 Inhibitor as Bridge Therapy to Liver Transplantation?,” *American Journal of Transplantation* 21, no. 5 (February 2021): pp. 1979-1980, <https://doi.org/10.1111/ajt.16448>.

⁶⁴ American College of Radiology Committee on LI-RADS® (Liver) The LI-RADS v2018 Manual. Available at: <https://www.acr.org/-/media/ACR/Files/Clinical-Resources/LIRADS/LI-RADS-2018-Manual-5Dec18.pdf>. Accessed on November 6, 2024.

<u>Imaging Modality</u> ⁶⁵	<u>Observation size, mm</u>	<u>LR-5 criteria</u>
<u>CT/MRI</u>	<u>≥ 20 mm</u>	<ul style="list-style-type: none"> • <u>threshold growth</u> <u>Nonrim APHE with at least one of the following:</u> <ul style="list-style-type: none"> • <u>nonperipheral washout</u> • <u>threshold growth</u> • <u>enhancing “capsule”</u>
<u>CEUS</u>	<u>≥ 10 mm</u>	<u>Nonrim APHE with:</u> <ul style="list-style-type: none"> • <u>late and mild washout</u>

200 **Recommendations for Dynamic Contrast-enhanced ~~non~~Multiphase CT or MRI of the Liver⁶⁶**

201 **Table 12: Recommendations for Dynamic Contrast-enhanced ~~non~~Multiphase CT of the Liver**

Feature:	CT scans should meet the below specifications:
Scanner type	Multidetector row scanner
Detector type	Minimum of 8 detector rows and must be able to image the entire liver during brief late arterial phase time window
Slice thickness	Minimum of 5 mm reconstructed slice thickness; thinner slices are preferable especially if multiplanar reconstructions are performed
Injector	Power injector, preferably dual chamber injector with saline flush and bolus tracking recommended
Contrast injection rate	3 mL/sec minimum, better 4-6 mL/sec with minimum of 300 mg I/mL or higher, for dose of 1.5 mL/kg body weight

⁶⁶ OPTN Policy 9.5.I requires CT/MRI be Contrast-enhanced Multiphase.

Feature:	CT scans should meet the below specifications:
Mandatory dynamic multiphase phases on contrast-enhanced MDCT	<ol style="list-style-type: none"> 1. Late arterial phase: artery fully enhanced, beginning contrast enhancement of portal vein <u>hepatic arterial branches are fully enhanced, the hepatic veins are not enhancing, and the portal vein is enhancing more than the liver</u> 2. Portal venous phase: portal vein enhanced, peak liver parenchymal enhancement, beginning contrast enhancement of hepatic veins <u>Acquired no more than 120 seconds after injection of a contrast agent when portal and hepatic veins are enhanced more than liver</u> 3. Delayed phase: variable appearance, greater than 120 seconds after initial injection of contrast <u>Acquired at least 120 seconds after injection of contrast when portal and hepatic veins are enhanced more than liver</u>
Dynamic Multiphase phases (Timing)	Use the bolus tracking or timing bolus

202

Table 23: Recommendations for Dynamic Contrast-enhanced Multiphase MRI of the Liver

Feature	MRIs should meet the below specifications:
Scanner type	1.5T Tesla or greater main magnetic field strength. Low field magnets are not suitable.
Coil type	Phased array multichannel torso coil, unless patient-related factors precludes its use.
Minimum sequences	Pre-contrast and dynamic multiphase post gadolinium T1-weighted gradient echo sequence (3D preferable), T2 (with and without fat saturation), T1-weighted in and out of phase imaging.
Injector	Dual chamber power injector with bolus tracking recommended.
Contrast injection rate	2-3 mL/sec of extracellular gadolinium chelate that does not have dominant biliary excretion, preferably resulting in vendor-recommended total dose.

Feature	MRIs should meet the below specifications:
Mandatory <u>dynamic multiphase phases</u> on contrast-enhanced <u>multiphase MRI</u>	<ol style="list-style-type: none"> 1. Pre-contrast T1W: do not change scan parameters for post contrast imaging. 2. Late arterial phase: artery fully enhanced, beginning contrast enhancement of portal vein. 3. Portal venous phase: portal vein enhanced, peak liver parenchymal enhancement, beginning contrast enhancement of hepatic veins. 4. Delayed phase: variable appearance, greater than 120 seconds after initial injection of contrast.
<u>Dynamic Multiphase phases (Timing)</u>	<p>The use of the bolus tracking method for timing contrast arrival for late arterial phase imaging is preferable. Portal vein phase images should be acquired 35 to 55 seconds after initiation of late arterial phase. Delayed phase images should be acquired 120 to 180 seconds after the initial contrast injection.</p>
Slice thickness	<p>5 mm or less for <u>dynamic multiphase</u> series, 8 mm or less for other imaging.</p>
Breath-holding	<p>Maximum length of series requiring breath-holding should be about 20-seconds with a minimum matrix of 128 x 256. Technologists must understand the importance of patient instruction about breath-holding before and during scan.</p>

Table 4: Recommendations for Contrast-enhanced Ultrasound (CEUS) of the Liver

<u>Feature</u>	<u>CEUSs should meet the below specifications:</u>
<u>Scanner type</u>	<u>Ultrasound scanners equipped with appropriate software and hardware packages for contrast-enhanced imaging</u>
<u>Ultrasound transducer selection</u>	<u>CEUS imaging of the liver is typically performed with a curved array transducer, with higher frequency linear transducers reserved for small superficial liver lesions</u>
<u>Suggested imaging parameters</u>	<p><u>Dual screen imaging format showing a low mechanical index B-mode image alongside the contrast-only display.</u></p> <p><u>An acoustic window that allows the examined lesion to be scanned as close to the transducer as possible maintaining an approximately 2 cm distance from the transducer and allow for the target liver observation to be continuously visible during scanning.</u></p>
<u>Contrast dose</u>	<u>Contrast dose specified by the manufacturer should be used but the contrast dose may be modified in certain circumstances based on patient factors and sensitivity of the equipment used for CEUS examination</u>
<u>Contrast injection</u>	<u>Intravenous contrast bolus delivered over 2 - 3 seconds immediately followed by a 5–10 mL normal saline flush</u>
<u>Minimum required CEUS images</u>	<ol style="list-style-type: none"> 1. <u>B-mode images of the examined observation</u> 2. <u>Continuous cine loop imaging from first bubble arrival through peak arterial phase enhancement. Optionally, the cine loop can be continued beyond the arterial phase enhancement peak until 60 seconds after injection.</u> 3. <u>Static image at 60 seconds and thereafter, imaging intermittently (every 30-60 sec) saving static images or short cineloops to document and evaluate the presence, timing, and degree of washout.</u>

To submit an HCC exception request, select *Hepatocellular carcinoma (HCC)* and fill out the associated form. If the candidates does not meet the standardized criteria per Policy 9.5.1 or seeks a different exception score, the system will direct the transplant program to write and submit a justification narrative that will be reviewed by the Adult Transplant Oncology Review Board.

208 Intrahepatic Cholangiocarcinoma

209 Candidates with biopsy proven unresectable solitary intrahepatic cholangiocarcinoma (iCCA) or
 210 mixed hepatocellular carcinoma/intrahepatic cholangiocarcinoma (mixed HCC-iCCA) less than or
 211 equal to 3 cm with 6 months of tumor stability after locoregional or systemic therapy should be
 212 considered for MELD exception points based on existing data supporting the role of liver
 213 transplantation in this setting.^{67, 68, 69, 70}

214 Based on current evidence-based medicine, transplant programs should provide the following
 215 elements when submitting an initial MELD exception for iCCA:

- 216 • Biopsy proven iCCA or mixed HCC-iCCA⁷¹
- 217 • Presence of cirrhosis
- 218 • Unresectable
- 219 • Locoregional or systemic therapy for iCCA
- 220 • 6 months from time of diagnosis or last treatment of tumor stability meaning less than or equal
 221 to 3 cm, no new lesions, or extrahepatic disease before applying for exception

222 Candidates with iCCA should be considered for a MELD exception extension if they continue to meet
 223 *all of* the following criteria:

- 224 • Imaging every 3 months to ensure tumor less than or equal to 3 cm
- 225 • No extrahepatic disease prior to extending the MELD exception

226 Candidates meeting the criteria described above should be considered for a MELD exception score
 227 equal to MMaT-3.

228 To submit an iCCA exception request, select *Cholangiocarcinoma (CCA)* and fill out the associated
 229 form. The transplant program will then be directed to submit a justification narrative that will be
 230 reviewed by the Adult Transplant Oncology Review Board. Utilize this same process if submitting an
 231 exception request for mixed HCC-iCCA.

232 Neuroendocrine Tumors (NET)

233 ~~A review of the literature supports that candidates with NET are expected to have a low risk of~~
 234 ~~waiting list drop-out.~~

⁶⁷ Sapisochin G, de Lope CR, Gastaca M, de Urbina JO, Lopez-Andujar R, Palacios F, et al. Intrahepatic cholangiocarcinoma or mixed hepatocellular-cholangiocarcinoma in patients undergoing liver transplantation: a Spanish matched cohort multicenter study. *Ann Surg*; 2014. p. 944-52.

⁶⁸ Fu BS, Zhang T, Li H, Yi SH, Wang GS, Xu C. The role of liver transplantation for intrahepatic cholangiocarcinoma: a single-center experience. *European Surgical*; 2011.

⁶⁹ Hayashi A, Misumi K, Shibahara J, Arita J, Sakamoto Y, Hasegawa K, et al. Distinct Clinicopathologic and Genetic Features of 2 Histologic Subtypes of Intrahepatic Cholangiocarcinoma. *The American Journal of Surgical Pathology*. 2016;40(8):1021-30.

⁷⁰ Sapisochin G, Facciuto M, Rubbia-Brandt L, Marti J, Mehta N, Yao FY, et al. Liver transplantation for "very early" intrahepatic cholangiocarcinoma: International retrospective study supporting a prospective assessment. *Hepatology*. 2016;64(4):1178-88.

⁷¹ There may be worse survival outcomes with poor differentiation of tumor on biopsy.

235 **Transplant programs should be aware of the following criteria when submitting exceptions for**
 236 **NET. The review board should consider the following criteria when reviewing exception**
 237 **applications for candidates with NET.**

- 238 ● Resection of primary malignancy and extra-hepatic disease without any evidence of recurrence for at
 239 least six months prior to MELD exception request.
- 240 ● Neuroendocrine Liver Metastasis (NLM) limited to the liver, Bi-lobar, not amenable to resection.

241 Tumors in the liver should meet the following radiographic characteristics on *either* CT or MRI:

242 1. If CT Scan:

- 243 a. Triple phase contrast Lesions may be seen on only one of the three phases
- 244 b. Arterial phase: may demonstrate a strong enhancement
- 245 c. Large lesions can become necrotic/calcified

246 2. If MRI Appearance:

- 247 a. Liver metastasis are hypodense on T1 and hypervascular in T2 wave images
- 248 b. Diffusion restriction
- 249 c. Majority of lesions are hypervascular on arterial phase with wash-out during portal venous
 250 phase
- 251 d. Hepatobiliary phase post Gadoxetate Disodium (Eovist): Hypointense lesions are
 252 characteristics of NET

253 1. Consider for exception only those with a NET of Gastro-entero-pancreatic (GEP) origin tumors with
 254 portal system drainage. Note: Neuroendocrine tumors with the primary located in the lower rectum,
 255 esophagus, lung, adrenal gland and thyroid are not candidates for automatic MELD exception.

256 2. Lower- intermediate grade following the WHO classification. Only well differentiated (Low grade,
 257 G1) and moderately differentiated (intermediate grade G2). Mitotic rate <20 per 10 HPF with less
 258 than 20% ki-67 positive markers.

259 3. Tumor metastatic replacement should not exceed 50% of the total liver volume.

260 4. Negative metastatic workup should include one of the following:

- 261 a. Positron emission tomography (PET scan)
- 262 b. Somatostatin receptor scintigraphy
- 263 c. Gallium-68 (68Ga) labeled somatostatin analogue 1,4,7,10-tetraazacyclododecane-N,N',
 264 N'',N'''-tetraacetic acid (DOTA)-D-Phe1-Try3-octreotide (DOTATOC), or other scintigraphy
 265 to rule out extra-hepatic disease, especially bone metastasis.

266 Patients with unresectable neuroendocrine liver metastasis limited to the liver, may benefit from
 267 liver transplantation. Tumors in the liver should have radiographic or histologic characteristics
 268 consistent with neuroendocrine liver metastasis.⁷²

269 1. Only those with a NET of Gastro-entero-pancreatic (GEP) origin tumors with portal system drainage.
 270 Neuroendocrine tumors with the primary located in the lower rectum, esophagus, lung, adrenal
 271 gland and thyroid are not candidates for MELD exception.

272 2. Resection of primary malignancy and extra-hepatic disease without any evidence of recurrence at
 273 least six months prior to MELD exception request.

⁷² Reference: Mazzaferro V, Pulvirenti A, Coppa J. Neuroendocrine tumors metastatic to the liver: how to select patients for liver transplantation? Journal of Hepatology, Oct 2007; 47(4): 460-6.

- 274 3. Lower - intermediate grade following the WHO classification, i.e. well differentiated (low grade, G1)
 275 and moderately differentiated (intermediate grade G2), based on primary lesion or the liver
 276 metastasis, with mitotic rate less than 20 per 10 HPF and index less than 20%.
 277 4. No evidence for extra-hepatic tumor recurrence based on metastatic radiologic workup at least 3
 278 months prior to initial or extension MELD exception request (submit date). Negative metastatic
 279 workup should include functional imaging, e.g. somatostatin receptor scintigraphy, gallium-68
 280 somatostatin receptor imaging, and/or positron emission tomography (PET).

281 **Note:** Exploratory laparotomy and or laparoscopy is not required prior to MELD exception request.
 282 Occurrence of extra-hepatic progression – for instance lymph-nodal Ga68 positive locations –
 283 should indicate de-listing. Patients may be re-considered for MELD exception if any extra-hepatic
 284 disease is zeroed and remained so for at least 6 months. Presence of extra-hepatic solid organ
 285 metastases (i.e. lungs, bones) should be a permanent exclusion.

286 Patients who meet these criteria should be eligible for a MELD exception equivalent to MMaT -3.

- 287 ~~1.—No evidence for extra-hepatic tumor recurrence based on metastatic radiologic workup at least 3~~
 288 ~~months prior to MELD exception request (submit date):~~
 289 ~~2.—Recheck metastatic workup every 3 months for MELD exception increase consideration by the review~~
 290 ~~board. Occurrence of extra-hepatic progression – for instance lymph-nodal Ga68 positive locations –~~
 291 ~~should indicate de-listing. Patients may come back to the list if any extra-hepatic disease is zeroed and~~
 292 ~~remained so for at least 6 months:~~
 293 ~~3.—Presence of extra-hepatic solid organ metastases (i.e., lungs, bones) should be a permanent exclusion~~
 294 ~~criteria~~

295 To submit an exception request for NET, select the *Neuroendocrine Tumor (NET)* option. Transplant
 296 programs will be directed to write and submit a justification narrative that will be reviewed by the
 297 Adult Transplant Oncology Review Board.

298 Colorectal Liver Metastases

299 The diagnosis of unresectable colorectal liver metastases (CRLM) has a poor prognosis despite
 300 improved local and systemic treatments. Published studies support liver transplantation in highly
 301 selected patients and has demonstrated a survival benefit in initial prospective clinical trials.^{73, 74, 75, 76}

302 Based on currently available published studies, transplant programs should provide the following
 303 elements when submitting an initial MELD exception for CRLM:

304 Initial MELD Exception Criteria

305 Candidates can be considered for MELD exception points for CRLM if all of the following criteria are
 306 met:

307 Primary diagnosis:

⁷³ Hagness, M., et al., *Liver transplantation for nonresectable liver metastases from colorectal cancer*. Ann Surg, 2013. 257(5): p. 800-6.

⁷⁴ Dueland, S., et al., *Survival Outcomes After Portal Vein Embolization and Liver Resection Compared With Liver Transplant for Patients With Extensive Colorectal Cancer Liver Metastases*. JAMA Surgery, 2021. 156(6): p. 550-557.

⁷⁵ Line, P.-D. and S. Dueland, *Liver transplantation for secondary liver tumours: The difficult balance between survival and recurrence*. Journal of Hepatology, 2020. 73(6): p. 1557-1562.

⁷⁶ Dueland, S., et al., *Survival Following Liver Transplantation for Patients With Nonresectable Liver-only Colorectal Metastases*. Annals of Surgery, 2020. 271(2).

- 308
- 309
- 310
- Histological diagnosis of colon/rectal adenocarcinoma
 - BRAF wild type, microsatellite stable⁷⁷
 - At least 12 months from time of CRLM diagnosis to time of initial exception request

311 **Treatment of primary colorectal cancer**

- 312
- 313
- 314
- Standard resection of the primary tumor with negative resection margins
 - No evidence of local recurrence by colonoscopy within 12 months prior to time of initial exception request

315 **Evaluation of extrahepatic disease**

- 316
- 317
- No signs of extrahepatic disease or local recurrence, based on CT/MRI (chest, abdomen and pelvis) and PET scan within one month of initial exception request.⁷⁸

318 **Evaluation of hepatic disease and prior systemic/liver directed treatment**

- 319
- 320
- 321
- 322
- 323
- 324
- Received or receiving first-line chemotherapy/immunotherapy
 - Relapse of liver metastases after liver resection or liver metastases not eligible for curative resection
 - No hepatic lesion should be greater than 10 cm before start of treatment
 - Must have stability or regression of disease with systemic and/or locoregional therapy for at least 6 months.⁷⁹

325 In cases of synchronous colon lesions, in addition to above criteria, all of the following are required:

- 326
- 327
- 328
- Resection of the primary tumor is performed more than 6 months after initial diagnosis
 - Minimum of 6 months of chemotherapy after primary tumor resection before exception request with stability of disease for a total of at least 12 months after initial diagnosis.⁸⁰

329 Candidates meeting the criteria described should be considered for a MELD exception score equal

330 to MMat-20. If MMat-20 results in an exception score below 15, the candidate's exception score

331 will automatically be set to a MELD score of 15 per OPTN Policy 9.4.E: *MELD or PELD Exception*

332 *Scores Relative to Median MELD or PELD at Transplant.*

333 **Exclusion Criteria**

334 Candidates should not be considered for an initial MELD exception for CRLM if any of the following

335 criteria are met:

- 336
- 337
- 338
- 339
- 340
- Extra-hepatic disease after primary tumor resection (including lymphadenopathy outside of the primary lymph node resection)
 - Local relapse of primary disease
 - Carcinoembryonic antigen (CEA) >80 µg/L with or without radiographic evidence of disease progression or new lesion.

341 **MELD Exception Extension Criteria**

342 Candidates with CRLM should be considered for a MELD exception extension if they continue to

343 meet *all of* the following criteria:

⁷⁷ Insufficient data to include KRAS as exclusionary factor but should be considered as a negative prognostic factor.

⁷⁸ Pre transplant PET should be performed after a chemotherapy pause of at least 4 weeks.

⁷⁹ Progression is defined as more than 10% increase in diameter of existing lesions (according to RECIST 1.1) OR any new lesions detected on imaging.

⁸⁰ Progression is defined as more than 10% increase in diameter of existing lesions (according to RECIST 1.1) OR any new lesions detected on imaging.

- 344
- 345
- 346
- 347
- 348
- 349
- Every 3 months from initial MELD exception:
 - Perform CT or MRI (chest, abdomen and pelvis)
 - Perform CEA testing
 - No progression of hepatic disease⁸¹
 - No development of extrahepatic disease
 - CEA < 80 µg/L

350 To submit an exception request for CRLM, select the *Colorectal liver metastases* option. Transplant
 351 programs will be directed to write and submit a justification narrative that will be reviewed by the
 352 Adult Transplant Oncology Review Board.

353 Hepatic Epithelioid Hemangioendothelioma

354 Approval of MELD exception points for adult candidates with unresectable Hepatic Epithelioid
 355 Hemangioendothelioma (HEHE) may be appropriate in some instances. ~~Biopsy must be performed~~
 356 ~~to establish the diagnosis of HEHE, and exclude hemangiosarcoma.~~ HEHE is a rare, low grade
 357 primary liver tumor of mesenchymal cell origin.^{82, 83, 84} Patients who are being considered for MELD
 358 exception should meet the following criteria.

- 359
- 360
- 361
- 362
- Biopsy proven diagnosis of HEHE and exclude hemangiosarcoma.
 - Absence of macrovascular invasion on biopsy or imaging.
 - Lesions are unresectable.
 - Absence of extrahepatic disease based on imaging or staging laparotomy at the time of transplant.

363 Recommended exception score = MMat-3

364 ~~Because of the rarity of the diagnosis, as well as the variability in presentation, the optimal treatment~~
 365 ~~strategies are not fully established. However, for lesions which cannot be resected, liver transplant~~
 366 ~~is associated with 1-, 5-, and 10-year patient survival rates of 97%, 83%, and 74%; with more~~
 367 ~~favorable results occurring in patients without microvascular invasion. The presence of extra-hepatic~~
 368 ~~disease has not been associated with decreased survival post liver transplant and therefore should~~
 369 ~~not be an absolute contraindication. Controversy regarding the role of liver transplant in treating~~
 370 ~~HEHE relates to the variable course of disease in the absence of liver transplant, with some patients~~
 371 ~~demonstrating regression or stabilization of disease and prolonged survival.~~

372 To submit an exception request for HEHE, select the *Hepatic Epithelioid Hemangioendothelioma*
 373 *(HEHE)* option. Transplant programs will be directed to write and submit a justification narrative that
 374 will be reviewed by the Adult Transplant Oncology Review Board.

⁸¹ Pre transplant PET should be performed after a chemotherapy pause of at least 4 weeks.

⁸² Lai Q, et al. HEHE and Adult Liver Transplantation: Proposal for a Prognostic Score Based on the Analysis of the ELTR-ELITA Registry. *Transplantation*. 2017;101(3):555-564.

⁸³ Lerut, J.P., G. Orlando, R. Adam, et al. "The place of liver transplantation in the treatment of hepatic epithelioid hemangioendothelioma: report of the European liver transplant registry." *Ann Surg* 246 (2007): 949-57.

⁸⁴ Nudo, C.G., E.M. Yoshida, V.G. Bain, et al. "Liver transplantation for hepatic epithelioid hemangioendothelioma: the Canadian multicentre experience." *Can J Gastroenterol* 22 (2008):821-4.

375

Hepatic Adenomas

376

~~Orthotopic liver transplantation for~~ Liver transplantation for hepatic adenomas (HA) remains an extremely rare indication; however, it is a valid therapeutic option in select patients with adenoma

377

~~meeting one of the following categories:~~ but viable treatment for select patients. Patients may qualify for an exception score of MMaT-3 if they meet one of the following criteria:

378

379

380

- Adenoma in the presence of Glycogen Storage Disease or Abernethy malformation

381

- Unresectable adenoma with β -cGatenin (+) Adenoma mutation

382

- Unresectable adenoma in a patient with liver adenomatosis (>10 HA)

383

- Adenoma(s) with all three of the following criteria: below:

384

- ~~Unresponsive to medical management~~

385

- Unresectable

386

- Unresponsive to non-operative management (e.g., observation after withholding estrogen-containing medications, observation after efforts to maintain an ideal body weight, transarterial embolization, or radiofrequency ablation)

387

388

389

- Progressive or with complication such as hemorrhage, rupture, or malignant transformation (must specify please provide supportive details including size)

390

391

The identification of these criteria is mandatory to aid in the decision-making process.^{85,86,87,88}

392

To submit an exception request for HA, select the *Hepatic Adenomas* option. Transplant programs will be directed to write and submit a justification narrative that will be reviewed by the Adult Transplant Oncology Review Board.

393

394

⁸⁵ Blanc, J.F., N. Frulio, L. Chiche, et al. "Hepatocellular adenoma management: call for shared guidelines and multidisciplinary approach." *Clinics and research in hepatology and gastroenterology* 39 (2015): 180-187.

⁸⁶ Chiche, L., A. David, R. Adam, et al. "Liver transplantation for adenomatosis: European experience." *Liver Transplantation* 22 (2016): 516-526.

⁸⁷ Alagusundaramoorthy, S. S., V. Vilchez, A. Zanni, et al. "Role of transplantation in the treatment of benign solid tumors of the liver: a review of the United Network of Organ Sharing data set." *JAMA Surgery* 150 (2015): 337-342.

⁸⁸ Dokmak, S., V. Paradis, V. Vilgrain, et al. "A single-center surgical experience of 122 patients with single and multiple hepatocellular adenomas." *Gastroenterology* 137 (2009): 1698-1705.

Guidance to Liver Transplant Programs and the National Liver Review Board for: Adult MELD Exception Review

Summary and Goals

For many patients with chronic liver disease the risk of death without access to liver transplant can be accurately predicted by the MELD score, which is used to prioritize candidates on the waiting list. However, for some patients the need for liver transplant is not based on the degree of liver dysfunction due to the underlying liver disease but rather a complication of the liver disease. These complications have an increased risk of mortality or waitlist dropout without access to timely transplant and are not reflected in the calculated MELD score.⁸⁹ This document summarizes available evidence to assist clinical reviewers in approving candidates for MELD exceptions. It contains guidance for specific clinical situations for use by the review board to evaluate common exceptional case requests for adult candidates with the following diagnoses, not all of which are appropriate for MELD exception:

- Ascites
- Budd Chiari
- GI Bleeding
- Hepatic Encephalopathy
- Hepatic Hydrothorax
- Hereditary Hemorrhagic Telangiectasia
- Polycystic Liver Disease (PLD)
- ~~Portopulmonary Hypertension~~
- Primary Sclerosing Cholangitis (PSC) or Secondary Sclerosing Cholangitis (SSC)
- Metabolic Disease
- Multivisceral Transplant Candidates
- Post-Transplant Complications, including Early Allograft Dysfunction (EAD) in Reduced Size Livers (Small for Size Syndrome), Chronic Rejection, Diffuse Ischemic Cholangiopathy, ~~and Late Vascular Complications~~
- Pruritus

These guidelines are intended to promote consistent review of these diagnoses and summarize the Committee's recommendations to the OPTN Board of Directors.

This resource is not OPTN Policy, so it does not carry the monitoring or enforcement implications of policy. It is not an official guideline for clinical practice, nor is it intended to be clinically prescriptive or to define a standard of care. This resource is intended to provide guidance to

⁸⁹ Waitlist dropout is removal from the waiting list due to the candidate being too sick to transplant.

429 transplant programs and the review board.

430 Background

431 A liver candidate receives a MELD⁹⁰ or, if less than 12 years old, a PELD⁹¹ score that is used for liver
 432 allocation. The score is intended to reflect the candidate's disease severity, or the risk of 3-month
 433 mortality without access to liver transplant. When the calculated score does not reflect the
 434 candidate's medical urgency, a liver transplant program may request an exception score. A
 435 candidate that meets the criteria for one of nine diagnoses in policy is approved for a standardized
 436 MELD exception.⁹² If the candidate does not meet criteria for standardized exception, the request
 437 is considered by the review board.

438 The OPTN Liver and Intestinal Organ Transplantation Committee (hereafter, "the Committee") has
 439 developed guidance for adult MELD exception candidates. The MELD Exceptions and
 440 Enhancements Subcommittee proposed these recommendations after reviewing the 2006 MELD
 441 Exception Study Group (MESSAGE) Conference, a descriptive analysis of recent MELD exception
 442 requests submitted to the OPTN, and available peer-reviewed literature. To support a
 443 recommendation for approving additional MELD exception points, there must have been adequate
 444 evidence of increased risk of mortality associated with the complication of liver disease.

445 This guidance replaces any independent criteria that OPTN regions used to request and approve
 446 exceptions, commonly referred to as "regional agreements." Review board members and
 447 transplant centers should consult this resource when considering MELD exception requests for
 448 adult candidates with the following diagnoses.

449 Recommendation

450 Ascites

451 **There is inadequate evidence to support granting a MELD exception for ascites in adult**
 452 **candidates with the typical clinical symptoms associated with this diagnosis.**

453 Ascites is a common clinical finding in liver transplant candidates. Refractory ascites, as defined by
 454 the International Ascites Club, occurs in 5-10% of patients with portal hypertension and has a 1-
 455 year mortality rate of approximately 50%.^{93,94,95,96} Hyponatremia is common in patients with

⁹⁰ Model for End-Stage Liver Disease.

⁹¹ Pediatric End-Stage Liver Disease.

⁹² Policy 9.3.C: Specific MELD/PELD Exceptions, Organ Procurement and Transplantation Network Policies.

⁹³ Moore, K.P., F. Wong, P. Gines, et al. "The management of ascites in cirrhosis: report on the consensus conference of the International Ascites Club." *Hepatology* 38 (2003): 258-66.

⁹⁴ Runyon, B.A., AASLD. "Introduction to the revised American Association for the Study of Liver Diseases Practice Guideline management of adult patients with ascites due to cirrhosis 2012." *Hepatology* 57 (2013): 1651-3.

⁹⁵ Runyon, B.A., Committee APG. "Management of adult patients with ascites due to cirrhosis: an update." *Hepatology* 49 (2009): 2087-107.

⁹⁶ Gines P., A. Cardenas, V. Arroyo, et al. "Management of cirrhosis and ascites." *N Engl J Med* 350 (2004):1646-54.

456 cirrhosis and refractory ascites from portal hypertension.^{97,98,99} In January 2016, the OPTN
 457 implemented a modification to the MELD score to incorporate serum sodium for candidates with a
 458 calculated MELD greater than 11.¹⁰⁰ Much of the excess mortality risk related to ascites is similar to
 459 portal hypertension and hepatorenal syndrome and will be accurately reflected in the lab values
 460 used to calculate the MELD score, specifically the serum creatinine and serum sodium. Therefore,
 461 MELD exception for ascites is not recommended.

462 Budd Chiari

463 **Approval of MELD exception points (MMaT-3) for adult candidates with Budd Chiari may be**
 464 **appropriate in some instances.**

465
 466 Liver transplant candidates with Budd Chiari syndrome can be considered for a MELD exception
 467 based on severity of liver dysfunction and failure of standard management. Documentation
 468 submitted for case review should include all of the following:

- 469 • Failed medical or surgical management (please specify)
- 470 • Any contraindications to Transjugular Intrahepatic Portosystemic Shunt (TIPS) or TIPS failure;
 471 specify specific contraindication
- 472 • Documentation that extrahepatic malignancy has been ruled out that would exclude transplant
 473 eligibility

474 Gastrointestinal Bleeding

475 **There is inadequate evidence to support granting a specific MELD exception for gastrointestinal**
 476 **bleeding in adult candidates who experience acute or chronic blood loss independent of their**
 477 **calculated MELD.**

478 There is also inadequate evidence to support a MELD exception for transfusion dependence
 479 independent of MELD with one exception, spur cell hemolytic anemia (SCHA).¹⁰¹ However, due to
 480 the infrequent occurrence of SCHA in a transplant candidate, and its common association with
 481 recent alcohol use or active infection, MELD exception is not recommended. Similarly there is no
 482 evidence to support that candidates with transfusion dependence who develop antibodies while
 483 waiting warrant a MELD exception.^{102,103}

⁹⁷ Biggins, S.W., W.R. Kim, N.A. Terrault, et al. "Evidence-based incorporation of serum sodium concentration into MELD." *Gastroenterology* 130 (2006):1652-60.

⁹⁸ Porcel, A., F. Diaz, P. Rendon, et al. "Dilutional hyponatremia in patients with cirrhosis and ascites." *Arch Intern Med* 162 (2002):323-8.

⁹⁹ Gines, A., A. Escorsell, P. Gines, et al. "Incidence, predictive factors, and prognosis of the hepatorenal syndrome in cirrhosis with ascites." *Gastroenterology* 105 (1993):229-36.

¹⁰⁰ Biggins, S.W. "Use of serum sodium for liver transplant graft allocation: a decade in the making, now is it ready for primetime?" *Liver Transpl* 21 (2015):279-81.

¹⁰¹ Alexopoulou, A., L. Vasilieva, T. Kanellopoulou, et al. "Presence of spur cells as a highly predictive factor of mortality in patients with cirrhosis." *J Gastroenterol Hepatol.* 4 (2014):830-4.

¹⁰² Lyles, T., A. Elliott, D.C. Rockey. "A risk scoring system to predict in-hospital mortality in patients with cirrhosis presenting with upper gastrointestinal bleeding." *J Clin Gastroenterol* 48 (2014):712-20.

¹⁰³ Flores-Rendón, A.R., J.A. González-González, D. García-Compean, et al. "Model for end stage of liver disease (MELD) is better than the Child-Pugh score for predicting in-hospital mortality related to esophageal variceal bleeding." *Ann Hepatol* 7 (2008):230-4.

484

Hepatic Encephalopathy

485 Hepatic encephalopathy (HE) is a complication of chronic liver with an associated mortality
 486 independent of MELD scoring. Presently, no additional MELD priority for HE is recommended in
 487 the absence of a widely available, reliable, objective assessment of its severity.^{104, 105,106,107}

488

Hepatic Hydrothorax

489 ~~There is inadequate evidence to support granting a MELD exception for hepatic hydrothorax in~~
 490 ~~adult candidates with the typical clinical symptoms associated with this diagnosis. Liver~~
 491 ~~transplant candidates with chronic, recurrent, confirmed hepatic hydrothorax could be~~
 492 ~~considered on individual basis for a non-standard MELD exception.~~

493 Hepatic hydrothorax is a relatively uncommon complication of endstage liver disease occurring in
 494 only 5-10% of patients with cirrhosis and portal hypertension.⁷⁷ Hepatic hydrothorax can occur in
 495 either or both pleural spaces and can occur with or without portal hypertensive ascites. By
 496 definition, hepatic hydrothorax is a transudative pleural effusion due to portal hypertension
 497 without a cardiopulmonary source. Infectious and malignant pleural effusions must be excluded. In
 498 this context, a serum pleural fluid albumin gradient (SPAG) of at least 1.1 g/dL may be more
 499 accurate in identifying hepatic hydrothorax than the more traditional Light's criteria for a
 500 transudative pleural effusion.²²⁷ The mostly like explanation for hepatic hydrothorax is passage of
 501 fluid from the peritoneal space to the pleural space through diaphragmatic defects which can be
 502 documented by intraperitoneal injection of 99mTc-tagged nanocolloids followed by scintigraphy.
 503 Unlike ascites, relatively small amounts of fluid in the pleural space (1 to 2 L) lead to severe
 504 symptoms such as shortness of breath and hypoxia. Initial management with dietary sodium
 505 restriction, diuretics, intravenous albumin, and therapeutic thoracentesis can be successful.
 506 Hepatic hydrothorax can be complicated by spontaneous bacterial empyema or iatrogenic
 507 complication of thoracentesis (infections, pneumothorax, or hemothorax). For chronic, recurrent,
 508 confirmed hepatic hydrothorax, transjugular intrahepatic portosystemic shunt, indwelling pleural
 509 catheter, and surgical repair of diaphragmatic defects can be effective in some patients yet risk
 510 additional complications. Like ascites, hepatic hydrothorax is similar to portal hypertension and
 511 hepatorenal syndrome and will be accurately reflected in the lab values used to calculate the MELD
 512 score, specifically the serum creatinine and serum sodium. Therefore, MELD exception for hepatic
 513 hydrothorax is not recommended in the majority of circumstances.

514 Candidates with refractory hepatic hydrothorax have an increased mortality that may not
 515 otherwise be reflected in the candidate's MELD score and exceeds mortality due to refractory

¹⁰⁴ Kerbert, Annarein J., Enric Reverter, Lara Verbruggen, Madelon Tieleman, Miguel Navasa, Bart J. Mertens, Sergio Rodríguez-Tajes, et al. "Impact of Hepatic Encephalopathy on Liver Transplant Waiting List Mortality in Regions with Different Transplantation Rates." *Clinical Transplantation* 32, no. 11 (2018). <https://doi.org/10.1111/ctr.13412>.

¹⁰⁵ Chiranjeevi Gadiparthi et al., "Waitlist Outcomes in Liver Transplant Candidates with High MELD and Severe Hepatic Encephalopathy," *Digestive Diseases and Sciences* 63, no. 6 (February 2018): pp. 1647-1653, <https://doi.org/10.1007/s10620-018-5032-5>.

¹⁰⁶ Cristina Lucidi et al., "Hepatic Encephalopathy Expands the Predictivity of Model for End-Stage Liver Disease in Liver Transplant Setting: Evidence by Means of 2 Independent Cohorts," *Liver Transplantation* 22, no. 10 (2016): pp. 1333-1342, <https://doi.org/10.1002/lt.24517>.

¹⁰⁷ Robert J. Wong, Robert G. Gish, and Aijaz Ahmed, "Hepatic Encephalopathy Is Associated with Significantly Increased Mortality among Patients Awaiting Liver Transplantation," *Liver Transplantation*, 2014, <https://doi.org/10.1002/lt.23981>.

516 ascites.¹⁰⁸ In addition, the need for inpatient thoracentesis increases risk of ACLF compared to
 517 patients with refractory ascites alone.¹⁰⁹ While TIPS can be a viable treatment in some patients,
 518 this may be contraindicated in others. Therefore, aAdult liver transplant candidates with chronic,
 519 recurrent, confirmed hepatic hydrothorax that are *medically refractory* and for which *TIPS is*
 520 *contraindicated or has failed*¹¹⁰ could be considered an individual basis for a MELD exception
 521 provided that infectious and malignant causes have been ruled out.

522 Documentation submitted for initial case review should include the following:

- 523 • At least 1 thoracentesis over 1 L of pleural fluid removed four separate times in 6 weeks weekly in
 524 last 4 weeks; report date and volume of each thoracentesis pleural fluid removal (including witness
 525 attestation by provider or RN if drainage catheter in place).
- 526 • Pleural fluid is transudative by pleural albumin-serum albumin gradient of at least 1.1 and by cell
 527 count or portal hypertension related by one of the following:
 - 528 ○ Evidence of ascites
 - 529 ○ Pleural albumin-serum albumin gradient ≥ 1.1
- 530 • ~~No Echocardiogram without evidence of heart failure; provide objective evidence excluding heart~~
 531 ~~failure~~
- 532 • Negative pPleural fluid culture or cell count (provide date) negative on 2 separate occasions
- 533 • Negative pPleural fluid cytology (provide date) is benign on 2 separate occasions
- 534 • ~~There is contraindications to TIPS; specify specific contraindication~~
- 535 • ~~Diuretic refractory~~

536 Documentation submitted for subsequent maintenance of exception should include the following:
 537 • At least 1 L of pleural fluid removed four separate times in last 6 weeks; report date and volume
 538 of each pleural fluid removal (including witness attestation by provider or RN if drainage catheter
 539 in place).

540 Candidates meeting these criteria are eligible for MELD exception of MMat-3. Centers will need to
 541 update documentation every 90 days to maintain exception status.

542

543 Hereditary Hemorrhagic Telangiectasia

544 **Approval of MELD exception points for adult candidates with high output cardiac failure due to**
 545 **multiple arteriovenous (AV) malformations may be appropriate in some instances.** Hereditary
 546 hemorrhagic telangiectasia is an uncommon, autosomal dominant genetic disorder characterized

¹⁰⁸ Higher mortality is associated with HH and mortality rates of 18, 30, and 60% at 6 months, 1 year, and 2 years have been
demonstrated (PMID: 36148461). Refractory HH is associated with a higher 1-year mortality than refractory ascites (51% vs 19%,
p=0.001) (PMID: PMID: 35534742).

¹⁰⁹ In patients with recurrent ascites, the development of HH was associated with a high mortality-hazard ratio of 4.35 (95% CI:
2.76–6.97)(doi.org/10.1007/s10620-021-07134-8). In addition, HH requiring inpatient thoracentesis associated with increased risk
of ACLF (HR = 2.37 vs. refractory ascites alone, p = 0.01, controlling for MELD, AKI, infection, and prior 6-month hospitalizations)
(PMID: 33185787). Multivariable modeling also showed that HH increased the risk of inpatient mortality (HR = 2.22 vs. refractory
ascites alone, p = 0.04).

¹¹⁰ Per AASLD guidelines, TIPS placement in patients with MELD scores as low as 18 in some studies and more clearly with MELD
score >21 incurs higher mortality risk, and the beneficial outcome in hydrothorax highly relates to liver function and age.

547 by mucocutaneous telangiectasias, as well as arteriovenous malformations in the brain, spine,
 548 lungs, gastrointestinal tract, and liver. The AV malformations can progress to high output cardiac
 549 failure, which eventually may be irreversible¹¹¹¹¹². ~~In the future, there may be effective non-~~
 550 ~~transplant options, and if such agents become widely available, the recommendation to offer~~
 551 ~~MELD score exception will need to be revisited.^f~~

552 Documentation submitted for case review should include ~~both~~ of the following:

- 553 • Documentation of high output cardiac failure by echocardiography or right heart catheterization,
 554 and symptoms of heart failure
- 555 • Imaging supporting intra-hepatic AV malformations or severe diffuse bilobar hepatic necrosis in
 556 the setting of hepatic AV malformation

557 Patients who meet the criteria above should be eligible for a MELD exception equivalent to MMaT
 558 -3. Severe ongoing complications of heart failure may warrant MMaT.

559 Polycystic Liver Disease (PLD)

560 Patients with PLD who ~~are not clinically eligible for resection/fenestration or alternative therapy~~
 561 failed medical or surgical management (please specify) may benefit from MELD exception points.

562 Indication for an exception include those with PLD with severe symptoms related to PLD plus *any*
 563 of the following:

- 564 ▪ Hepatic decompensation or severe portal hypertensive complications
- 565 ▪ Concurrent hemodialysis
- 566 ▪ GFR less than 20 ml/min
- 567 ▪ Patient with a prior kidney transplant
- 568 ▪ Moderate to severe protein calorie malnutrition as documented by a registered dietician using any
 569 of the following:
 - 570 ▪ Modified Global Leadership Initiative on Malnutrition (GLIM) Phenotypic criteria
 - 571 ▪ American Society for Enteral and Parenteral Nutrition (ASPEN) criteria
 - 572 ▪ Nutrition Focused Physical Exam (NFPE)
 - 573 ▪ Subjective Global Assessment (SGA-C score)
- 574 ▪ Severe sarcopenia as documented with skeletal muscle index (SMI < 39 cm²/m² in women and < 50
 575 cm²/m² in men)¹¹³ or equivalent

576 Patients who meet the criteria above are eligible for a MELD exception equivalent to MMaT.

¹¹¹ Lee, M., D.Y. Sze, C.A. Bonham, et al. "Hepatic arteriovenous malformations from hereditary hemorrhagic telangiectasia: treatment with liver transplantation." *Dig Dis Sci* 55 (2010): 3059-62.

¹¹² Boillot, O., F. Bianco, J.P. Viale, et al. "Liver transplantation resolves the hyperdynamic circulation in hereditary hemorrhagic telangiectasia with hepatic involvement." *Gastroenterology* 116 (1999): 187-92.

¹¹³ Carey, Elizabeth J., Jennifer C. Lai, Connie W. Wang, Srinivasan Dasarathy, Iryna Lobach, Aldo J. Montano-Loza, and Michael A. Dunn. "A Multicenter Study to Define Sarcopenia in Patients with End-Stage Liver Disease." *Liver Transplantation* 23, no. 5 (2017): 625–33. <https://doi.org/10.1002/lt.24750>.

577 **Portopulmonary Hypertension**

578 Candidates meeting the criteria in *Policy 9.5: Specific Standardized MELD or PELD Score Exceptions*
 579 are eligible for MELD or PELD score exceptions that do not require evaluation by the full review
 580 board.

581 **Primary Sclerosing Cholangitis or Secondary Sclerosing Cholangitis**

582 Candidates with Primary Sclerosing Cholangitis (PSC) or Secondary Sclerosing Cholangitis (SSC) may
 583 be at risk of adverse outcomes secondary to recurrent sepsis from cholangitis, which may not be
 584 reflected in the candidate’s calculated MELD score.

585
 586 **Based on clinical experience and a review of the available literature, transplant programs should**
 587 **provide the following elements when submitting exceptions for PSC or SSC and the review board**
 588 **should consider the following elements when reviewing exception applications for candidates**
 589 **with PSC or SSC.**

590 Candidates who meet the following criteria are eligible for a MELD exception equivalent to MMat-
 591 3:

- 592 2. The candidate has been admitted to the hospital two or more times within a one-year period with
 593 either of the following:
 594 a. Documented blood stream infection
 595 b. Evidence of sepsis with hemodynamic instability requiring vasopressors

596 In addition, candidates are eligible for a MELD exception equivalent to MMat if they meet at least
 597 two of following criteria:

- 598 3. The candidate has a biliary tract stricture(s) which are not responsive to treatment by
 599 interventional radiology (i.e. PTC) or therapeutic endoscopy (ERCP/EUS).
 600 4. The candidate has been diagnosed with a high-resistant infectious organism (e.g. Vancomycin
 601 Resistant Enterococcus (VRE), Extended Spectrum Beta-Lactamase (ESBL) producing gram-negative
 602 organism, Carbapenem-resistant Enterobacteriaceae (CRE) and Multi-drug resistant
 603 Acinetobacter).
 604 5. The candidate has cirrhosis.

605 The candidate must meet both of the following two criteria:

- 606 1. ~~The candidate has been admitted to the hospital two or more times within a one year period with a~~
 607 ~~documented blood stream infection or evidence of sepsis including hemodynamic instability~~
 608 ~~requiring vasopressors~~
 609 2. ~~The candidate has cirrhosis~~

610 In addition the candidate must have one of the following criteria:

- 611 • ~~The candidate has biliary tract stricture which are not responsive to treatment by interventional~~
 612 ~~radiology (PTC) or therapeutic endoscopy (ERCP) or~~
 613 • ~~The candidate has been diagnosed with a highly resistant infectious organism (e.g. Vancomycin~~
 614 ~~Resistant Enterococcus (VRE), Extended Spectrum Beta-Lactamase (ESBL) producing gram negative~~
 615 ~~organisms, Carbapenem-resistant Enterobacteriaceae (CRE), and Multidrug-resistant~~

616 ~~Acinetobacter.)~~

617 Metabolic Disease

618 Adults who develop metabolic symptoms secondary to an inherited organic acidemia or urea cycle
 619 defect which are typically transplanted during infancy or childhood may be suitable for MELD
 620 exception. A ~~Given~~ later onset of metabolic disease may present with mild symptoms and require
 621 priority such as MMat-3. Patients who present with life-threatening complications of metabolic
 622 disease may be considered for a higher priority score.
 623 ~~, anticipate a reduced urgency compared to early-onset disease, thus priority for transplant may be~~
 624 ~~similar to other exceptions, though if a patient has more urgent medical condition, as reflected by~~
 625 ~~life-threatening complications, a higher priority score can be considered.~~

626 Multivisceral Transplant Candidates

627 Multivisceral transplant (MVT) candidates are typically listed for the following organ combinations:

- 628 • Liver-intestine-pancreas
- 629 • Liver-intestine
- 630 • Liver-intestine-pancreas-kidney
- 631 • Liver-intestine-kidney

632 Because MVT candidates require multiple organs from the same donor, these candidates require
 633 access to a selective segment of the donor pool. Specifically, for intestine grafts, donors must
 634 typically meet the following criteria:

- 635 • Donor age less than 40 years old
- 636 • Donor should not be on high dose or multiple vasopressors, as this could cause intestine
 637 ischemia and dysfunction

638 For pancreas grafts, donors must typically meet the following criteria:

- 639 • Donor body mass index (BMI) should not be high (ideally less than 30)
- 640 • Donor should not have pancreatitis or a history of diabetes.

641 The liver grafts from donors meeting these criteria are often allocated to liver-alone candidates
 642 with high MELD or PELD scores before being allocated to MVT candidates. It should be
 643 acknowledged that the MELD exception for MVT candidates is not well established. However,
 644 candidates listed for a multivisceral transplant should be considered for an initial MELD exception
 645 equal to MMat+6, in order to provide access to suitable donors and avoid waitlist mortality.

646 Candidates being listed for any liver and kidney multivisceral combination will have already met
 647 simultaneous liver-kidney criteria as outlined in OPTN Policy.

648 Further, MVT candidates should be considered for an additional 3 point increase (e.g. MMat+9,
 649 MMat+12), every 90 days they remain on the waitlist.

650 Transplant programs submitting exception requests for MVT candidates should include information
 651 on prior exception requests, if applicable. In addition, transplant programs must indicate in the
 652 exception narrative the reason the candidate requires a liver and intestine graft with or without a
 653 pancreas/kidney. A candidate should not be considered for a MELD exception if the reason he or
 654 she requires a liver transplant is solely for immunological reasons.

655 The following diagnoses are typical indications for multivisceral transplant. This list should be
 656 referenced by transplant programs when submitting exceptions for MVT candidates. However, the
 657 list should not be considered when determining a candidate’s eligibility for a MELD exception.
 658 Indications for multivisceral transplant include but are not limited to:

- 659 • Intestine failure with liver dysfunction
- 660 • Diffuse portomesenteric thrombosis
- 661 • Neuroendocrine tumor with liver metastasis
- 662 • Unresectable intra-abdominal low-grade malignant tumors involving the liver or hepatic hilum,
 663 celiac/SMA trunk
- 664 • Catastrophic adhesive disease “Frozen abdomen”

665 Post-Transplant Complications

666 Early Allograft Dysfunction (EAD) in Reduced Size Livers (Small for Size 667 Syndrome)

668 ~~Small for size syndrome refers to graft dysfunction of varying severity occurring in the early post-~~
 669 ~~operative period, less than 30 days, following transplantation of a size reduced liver allograft, with~~
 670 ~~no other identified cause of graft dysfunction such as vascular thrombosis, prolonged ischemia, or~~
 671 ~~other etiology. Typical findings include worsening cholestasis and ascites. With optimal care, some~~
 672 ~~patients may recover while others may require re-transplantation.~~

674 ~~**In many cases, the calculated MELD score will provide adequate priority. However, mortality risk**~~
 675 ~~**may not be adequately reflected by the calculated MELD score in cases of severe dysfunction,**~~
 676 ~~**and an exception may be appropriate.**~~

678 Living donor allografts, split allografts, and reduced size allografts are prone to early allograft
 679 dysfunction secondary to elevated portal flow or pressure. Symptoms should develop less than 30
 680 days following transplantation without other identified cause of graft dysfunction such as vascular
 681 thrombosis, prolonged ischemia, or other etiology. Typical findings include worsening cholestasis,
 682 ascites, and renal insufficiency. Key Risk factors include Graft to Recipient Weight Ratio (GRWR) <
 683 0.8%, Graft Volume to Standard Liver Volume ration of <40%, Portal Pressure > 15 mm hg or portal
 684 cava gradients >10 mm Hg, and Portal flow > 250ml/min/100gm graft weight.

685 Documentation submitted for case review should include the anatomy of the split allograft,
 686 identified risk factors for small for size syndrome, and any intraoperative or postoperative
 687 interventions used for treatment. all of the following:

- 688 • ~~Risk factor for small for size syndrome~~

- 689 ● Interventions used to treat small for size syndrome
- 690 ● Clinical status of the patient (hospitalized, requiring ICU care, intubated)

691 With optimal care, many patients may recover and in many other cases, the calculated MELD score
 692 will provide adequate priority. However, patients with severe allograft dysfunction (Grade C)
 693 defined as Total Bilirubin >10 mg/dl and INR > 1.6 at day 7 OR Total Bilirubin >20 at day 14 have
 694 excess mortality justifying an exception score of Median MELD at Transplant (MMaT).¹¹⁴

695 Chronic Rejection

696 **There is inadequate evidence to support granting a MELD exception for chronic rejection in adult**
 697 **candidates with the typical clinical symptoms associated with this diagnosis.**

698 In cases where re-transplantation is being considered, it is anticipated that progressive injury of
 699 the allograft due to rejection will be reflected in the development of liver dysfunction, and
 700 prioritization by MELD score may be appropriate. Cases with atypical clinical scenarios in which the
 701 degree of liver dysfunction and risk of waitlist mortality are not reflected by the MELD score may
 702 be considered on an individual basis.

703 Diffuse Ischemic Cholangiopathy

704 Diffuse ischemic cholangiopathy is a complication associated with significant morbidity and may
 705 involve multiple biliary interventions and hospitalizations for cholangitis or life-threatening sepsis.
 706 It can result from numerous causes including vascular complications, ischemic injury, or receipt of
 707 donation after circulatory death (DCD) livers. Due to the highly variable outcomes associated with
 708 late hepatic artery thrombosis, there is inadequate evidence to support granting a MELD exception
 709 in adult candidates with the typical clinical symptoms, including hepatic abscess and intrahepatic
 710 biliary strictures. However, a subset of cases may experience life-threatening infectious
 711 complications or persistent long-term morbidity requiring repeat biliary interventions. These
 712 patients may be considered for MELD exception (MMaT-3). donation after circulatory death (DCD)
 713 donors. Analysis of waitlist outcomes for patients re-listed after undergoing liver transplant from a
 714 DCD donor demonstrates that these patients have a similar or improved waitlist survival compared
 715 to donation after brain death (DBD) candidates who are re-listed with similar MELD scores.
 716 However, patients with ischemic cholangiopathy may have significant morbidity and require
 717 multiple repeat biliary interventions and repeat hospitalizations for cholangitis. Despite similar
 718 waitlist outcomes as DBD donor liver recipients who are listed for retransplant, the Committee
 719 supports increased priority for prior DCD donor liver recipients to encourage use of DCD livers
 720 when appropriate.

721 In addition, analyses has shown that patients with a prior DCD transplant and an approved MELD
 722 score exception had an improved survival compared to those who never had an exception
 723 approved. Patients with biliary injuries and need for biliary interventions also have been
 724 demonstrated to have an increased risk of graft loss and death. **Therefore, patients with a prior**
 725 **DCD transplant who demonstrated two or more of the following criteria within 12 months of**
 726 **transplant are eligible for MELD exception equivalent to MMaT:**

¹¹⁴ A. Kow et al. Transplantation. October 2023; Vol. 107:2226-37.

Documentation for case review should include the following:

- 1) Risk factor(s) for ischemic cholangiopathy (e.g. hepatic artery thrombosis post-transplant or DCD donor characteristics)
- 2) Evidence of ischemic cholangiopathy and non-anastomotic biliary stricture, including two or more of the following criteria within 12 months of transplant:
 - Persistent cholestasis as defined by abnormal bilirubin (greater than 2 mg/dl) for greater than 4 weeks
 - Evidence of severe infection, such as:
 - Two or more episodes of cholangitis with an associated bacteremia requiring hospital admission.
 - Repeated multidrug-resistant bacteremia
 - Abscesses and/or biliary strictures requiring frequent interventions (e.g. PTBD, ERCP) requiring at least two documented readmissions over 6 months.
 - Evidence of non-anastomotic biliary strictures not responsive to further treatment

Late Vascular Complications

Patients with hepatic artery thrombosis occurring within 7 days of transplant with associated severe graft dysfunction may be eligible for Status 1A, or occurring within 14 days of transplantation without severe graft dysfunction may be eligible for a standard exception of 40. Cases of late hepatic artery thrombosis which do not meet these criteria are not eligible for standard MELD exception. **Due to the highly variable outcomes associated with late hepatic artery thrombosis, there is inadequate evidence to support granting a MELD exception in adult candidates with the typical clinical symptoms, including hepatic abscess and intrahepatic biliary strictures that may be associated with late HAT. However, patients with atypical severe complications may be considered for MELD exception on an individual basis.** Complications that warrant consideration of MELD exception are similar to those criteria noted for DCD cholangiopathy (with 2 or more episodes of cholangitis requiring hospital admission over a 3 months period plus biliary strictures not responsive to further treatment or bacteremia with highly resistant organisms). Patients with early HAT just beyond 7 or 14 day cut off with evidence of severe graft dysfunction may be considered for MELD exception, depending on the clinical scenario.

Pruritus

There is inadequate evidence to support granting a MELD exception for pruritus in adult candidates with the typical clinical symptoms associated with this diagnosis. Pruritus is a manifestation of predominantly cholestatic liver diseases. It had been reported that chronic pruritus may lead to a decreased quality of life, prolonged wound healing, skin infections, and sleep disturbance.¹¹⁵ The frequency ranges from 80-100% for patients suffering from Primary Biliary Cirrhosis; 20-40% for patients with primary Sclerosing Cholangitis and Chronic Viral Hepatitis among other diseases.¹¹⁶ The pruritus increases as the disease is progresses. So far data have failed to support an endpoint related to quantity but rather of quality of life and were considered

¹¹⁵ Pruritus in chronic cholestatic liver disease. Bunchornntavakul C, Reddy KR Clin Liver Dis. 2012 May;16(2):331-46.

¹¹⁶ Elman, S., L.S. Hynan, V. Gabriel, et al. "The 5-D itch scale: a new measure of pruritus." Br J Dermatol 162 (2010): 587-93.

766 inappropriate for additional MELD points.¹¹⁷ Due to inadequate evidence of increased risk of pre-
767 transplant mortality, or a widely-accepted threshold for access to liver transplant, MELD score
768 exception for isolated clinical finding of pruritus is not recommended.

769 **Conclusion**

770 Review board members should consult this resource when assessing adult MELD exception
771 requests. Liver programs should also consider this guidance when submitting exception requests
772 for adult candidates with these diagnoses. However, these guidelines are not prescriptive of clinical
773 practice.

¹¹⁷ Martin, P., A. DiMartini, S. Feng, et al. "Evaluation for liver transplantation in adults: 2013 practice guideline by the AASLD and the American Society of Transplantation." (2013): 61.

774 National Liver Review Board Operational Guidelines

775 Overview

776 The purpose of the National Liver Review Board (NLRB) is to provide fair, equitable, and prompt peer
777 review of exceptional candidates whose medical urgency is not accurately reflected by the calculated
778 MELD/PELD score. The NLRB will base decisions on policy, the guidance documents, and in cases which
779 lack specific guidance, the medical urgency of the candidate as compared to other candidates with the
780 same MELD or PELD score adjustment or specific MELD or PELD score.

781 The NLRB is comprised of specialty boards, including:

- 782 • Adult Transplant Oncology
- 783 • Adult Other Diagnosis
- 784 • Pediatrics, which reviews requests made on behalf of any candidate registered prior to turning 18
785 years old and adults with certain pediatric diagnoses

786 The immediate past-Chair of the Liver and Intestinal Organ Transplantation Committee serves as the Chair
787 of the NLRB for a two year term.

788 Representation

789 Every active liver transplant program may appoint a representative and alternate to each of the adult
790 specialty boards. A liver transplant program with an active pediatric component may appoint a
791 representative and alternate to the pediatric specialty board. Individuals may serve on more than one
792 specialty board at the same time. Transplant programs are encouraged to appoint representatives from
793 both hepatology and surgery who have active transplant experience. Liver transplant programs are not
794 required to provide a representative to the NLRB.

795 Representatives and alternates serve a one year term. A liver transplant program may appoint the same
796 representative or alternate to serve consecutive terms.

797 If a transplant hospital withdraws or inactivates its liver program, it may not participate in the NLRB.
798 However, the transplant hospital's participation may resume once it has reactivated its liver program.

799 Representative and Alternate Responsibilities

800 Prior to each term of service, representatives and alternates are required to sign the OPTN UNOS
801 *Confidentiality and Conflict of Interest Statement* and complete orientation training.

802 Representatives must vote within 7 days on all exception requests, exception extension requests, and
803 appeals. A representative will receive an e-mail reminder after day 3 and day 5 if the representative has
804 an outstanding vote that must be completed. On the eighth day, if the vote has not been completed, then
805 the request will be randomly reassigned to another representative. The original reviewer will receive a
806 notification that the request has been reassigned.

807 The representative must notify the OPTN UNOS in the OPTN Computer System UNetSM of an absence,
808 during which the alternate will fulfill the responsibilities of the representative.

809 If a representative or alternate does not vote on an open request within 7 days on more than 5% of the
810 cases assigned to that reviewer within a 6 month period, the Chair may remove the individual from the
811 NLRB. If a representative or alternate does not vote because a case is approved and closed before the
812 7 day timeframe expires, it is not considered a failure to vote. A representative or alternate who has
813 been removed for failure to perform the duties required is not eligible to serve again for 3 years.

814 If a transplant program exhibits a pattern of non-responsiveness, as evidenced by the removal of two
815 members from the NLRB, the Chair may suspend the program's participation for a period of three
816 months after notifying the program director. Further non-compliance with the review board process
817 may result in cessation of the program's representation on the NLRB until such a time as the transplant
818 hospital can satisfactorily assure the Chair that it has addressed the causes of non-compliance.

819 **Voting Procedure**

820 An exception request is randomly assigned to five representatives of the appropriate specialty board.
821 A representative may vote to approve or deny the request, or ask that the request be reassigned. The
822 request must achieve four out of five affirmative votes in order to be approved. If the request does not
823 achieve the necessary four affirmative votes, it is denied.

824 As part of the MELD/PELD Exception program in the OPTN Computer System UNetSM, NLRB members
825 are notified of new cases by email.

826 Voting on an exception request is closed either at the end of the appeal period or when no additional
827 votes will change the outcome of the vote, whichever occurs earlier. Members no longer have the
828 ability to vote once a request is closed.

829 **Appeal Process**

830 A liver program may appeal the NLRB's decision to deny an exception request. Patients are not eligible
831 to appeal exception requests. All reviewer comments are available in the OPTN Computer System
832 UNetSM. The NLRB advises programs to respond to the comments of dissenting reviewers in the appeal.

833 The same five members that reviewed the original request will review the appeal. The appeal must
834 achieve four out of five affirmative votes in order to be approved. If the appeal does not achieve the
835 necessary four affirmative votes, it is denied. If the appeal is denied, the liver program may request a
836 conference call with the Appeals Review Team (ART).

837 If the ART denies the request, the liver program may initiate a final appeal to the Liver and Intestinal
838 Organ Transplantation Committee (Liver Committee). Referral of cases to the Liver Committee will
839 include information about the number of previous referrals from that program and the outcome of
840 those referrals.

841 **Appeals Review Team (ART)**

842 At the beginning of each new service term, nine NLRB members from the Adult Other Diagnosis and
843 Adult Transplant Oncology specialty boards are assigned to serve each month of the year on the
844 Adult ART and nine NLRB members from the Pediatric specialty board are assigned to serve each month
845 of the year on the Pediatric ART. There may be multiple ARTs, depending on the volume of cases. Each
846 ART will be scheduled to meet via conference call according to a predetermined schedule.

847 ART appeals from the Adult Other Diagnosis and Adult Transplant Oncology specialty boards will be
848 reviewed by the Adult ART. ART appeals from the Pediatric specialty board will be reviewed by the
849 Pediatric ART.

850 In the event of a planned absence, the ART member may designate their alternate to serve. The
851 representative must notify the OPTN of this in the OPTN Computer System.

852 Five members of the ART must participate in the call. If at least five members do not attend the call,
853 the appeal will be rescheduled for the following regularly scheduled conference call. If at least five
854 members do not attend the second attempt to review the appeal, the candidate's exception request is
855 automatically approved.

856 The appeal must achieve a majority plus one affirmative votes in order to be approved.

857 A representative at the petitioning program may serve as the candidate's advocate. If a representative
858 is unable to attend the conference call, the program may ask for the appeal to be scheduled for the
859 following regularly scheduled conference call. If after two attempts a representative is unable to attend
860 the call, the ART will review the appeal without the program's participation. In the absence of a
861 representative on the conference call, the program may submit written information for the ART's
862 consideration.

863 A current member of the Liver Committee serving on either the Adult Other Diagnosis specialty board
864 or Adult Transplant Oncology specialty board will be appointed to serve as the ART leader for the
865 Adult ART prior to each service term. A current member of the Liver Committee or current member
866 of the OPTN Pediatric Transplantation Committee (Pediatric Committee) serving on the Pediatric
867 specialty board will be appointed to serve as the ART leader for the Pediatric ART prior to each
868 service term. If no current member of either the Liver Committee or the Pediatric Committee is
869 available to serve as the ART leader, prior members of each Committee or other members of the
870 NLRB may be appointed to serve as ART leader. The ART leader will be prepared to lead ART
871 discussion and provide feedback to the Liver Committee.

872 ~~The ART will work with UNOS staff to document the content of the discussion and final decision in~~
873 ~~UNetSM. An overview of the discussion and the final decision will be documented in the OPTN computer~~
874 ~~system.~~

875 **Liver Committee Review**

876 The Liver Committee may delegate review to a subcommittee. If the review is delegated, majority is
877 based on the size of the subcommittee.

878 Appeals to the Liver Committee will be considered electronically unless at least one member of the
879 Liver Committee requests a conference call. If the case is discussed on a conference call, quorum is a
880 majority of the Liver Committee (or the subcommittee, if delegated).

881 The appeal must achieve a majority affirmative votes in order to be approved.

#

Appendix A : Adult Nonstandard Exception Recommended Scores

Proposed Score Recommendations: NLRB Adult Other Diagnoses

Condition	Recommended Score
Budd Chiari	MMaT-3
Hepatic Hydrothorax	MMaT-3
Hereditary Hemorrhagic Telangiectasia	MMaT-3 or MMaT (ongoing complications)
Polycystic Liver Disease	MMaT
Portopulmonary Hypertension	Removed from Guidance
Primary Sclerosing Cholangitis and Secondary Sclerosing Cholangitis	Criteria for MMaT-3 AND MMaT
Metabolic Disease	MMaT-3 or higher
Early Allograft Dysfunction (EAD) in Reduced Size Livers (Small for Size Syndrome)	Criteria for calculated MELD AND MMaT
Diffuse Ischemic Cholangiopathy and Late Vascular Complications	MMaT-3

Proposed Score Recommendations: NLRB Adult Transplant Oncology

Condition	Recommended Score
Hepatocellular Carcinoma (HCC)	N/A
Neuroendocrine Tumors	MMaT-3
Hepatic Epithelioid Hemangioendothelioma	MMaT-3
Hepatic Adenomas	MMaT-3